

## EAST MID HIGH

	<u>10/15</u>	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>
<b>Lunch</b>	Chicken Patty Sandwich Burrito Cheese Sauce Tossed Salad Mexi Beans Carrot Sticks Grapes, Fresh	Cheese Enchilada Steak Fingers Biscuit Scalloped Potatoes Tossed Salad Grapes, Fresh	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Tossed Salad Grapes, Fresh		

## ELEMENTARY SCHOOLS

	<u>10/15</u>	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>
<b>Lunch</b>	Chicken Patty Sandwich Burrito Cheese Sauce Mexi Beans Carrot Sticks Grapes, Fresh	Cheese Enchilada Steak Fingers Biscuit Scalloped Potatoes Tossed Salad Grapes, Fresh	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Grapes, Fresh		

# PONCA CITY HIGH SCHOOL

	<u>10/15</u>	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>
<b>Retro</b>	Wildcat Burger Potato Spirals Glazed Carrots Tossed Salad Fruit, Fresh Assorted	Cheeseburger Bacon Baked Beans French Fries Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted		
<b>CHIX</b>	Chicken Strip Panko Pizza, Cheese French Fries Pepperoni Pizza Fruit, Fresh Assorted Dinner Roll	Chicken Chunk Honey BBQ Bean Burrito Cheese Sticks French Fries Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted		
<b>My Way</b>	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl  -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice  -----	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat  -----		

	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar		
<b>On the Fly</b>	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

## ST. MARY'S

	<u>10/15</u>	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>
<b>Lunch</b>	Chicken Patty Sandwich Burrito Cheese Sauce Mexi Beans Carrot Sticks Grapes, Fresh	Cheese Enchilada Steak Fingers Biscuit Scalloped Potatoes Tossed Salad Grapes, Fresh	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Grapes, Fresh		

## WASHINGTON PRE-K CENTER

	<u>10/15</u>	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>
<b>Lunch</b>	Chicken Patty Sandwich Mexi Beans Carrot Sticks Grapes, Fresh	Steak Fingers Cherry Tomatoes Grapes, Fresh	Chicken Nuggets Mashed Potatoes Dinner Roll Grapes, Fresh		

## WEST MIDDLE SCHOOL

	<u>10/15</u>	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>
<b>Lunch</b>	Chicken Patty Sandwich Burrito Cheese Sauce Mexi Beans Carrot Sticks Grapes, Fresh	Cheese Enchilada Steak Fingers Biscuit Scalloped Potatoes Tossed Salad Grapes, Fresh	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Grapes, Fresh		