

EAST MID HIGH

	<u>03/12</u>	<u>03/13</u>	<u>03/14</u>	<u>03/15</u>	<u>03/16</u>
Lunch	Rib Patty Sandwich Pepperoni Pizza Tossed Salad Glazed Carrots Baked Beans Mandarin Oranges	Tangerine Chicken Nachos Meat & Cheese Vegetables, California Blend Tossed Salad Brown Rice Pilaf Mandarin Oranges	Chicken Nugget Mashed Potatoes Green Beans Dinner Roll Mandarin Oranges	BBQ Sandwich Pollack Strips Baby Carrots Tossed Salad Potato Wedge Mandarin Oranges	

ELEMENTARY SCHOOLS

	<u>03/12</u>	<u>03/13</u>	<u>03/14</u>	<u>03/15</u>	<u>03/16</u>
Lunch	Rib Patty Sandwich Pepperoni Pizza Baked Beans Glazed Carrots Strawberries	Cheese Quesadilla Tangerine Chicken Tossed Salad Peas Brown Rice Pilaf Strawberries	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Rosati Ice	Chicken & Noodles Pollack Strips Carrot Sticks Potato Crispwedge Tossed Salad Strawberries	

PONCA CITY HIGH SCHOOL

	<u>03/12</u>	<u>03/13</u>	<u>03/14</u>	<u>03/15</u>	<u>03/16</u>
Retro	Steack, Chicken Fried Potato Spirals Baked Beans Tossed Salad Fruit, Fresh Assorted	Cheeseburger Potatoes, Tater Tots Baked Beans (Vegetarian) Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Grilled Chicken Sandwich Chicken & Noodles Baby Carrots Fruit, Fresh Assorted Jello	
CHIX	Chicken Strips Mini Corn Dogs Chicken Cheese Crispito French Fries Fruit, Fresh Assorted Dinner Roll	Popcorn Chicken Chicken Chunk Honey BBQ Cheese Sticks French Fries Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Corn Dog Steack, Chicken Fried French Fries Dinner Roll Fruit, Fresh Assorted	
My Way Café	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada Beef Taco Bar Mexi Beans Mexi Rice -----	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Whole 12" Mission Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada Beef Taco Bar Mexi Beans Mexi Rice -----	

	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	
On the Fly	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

ST. MARY'S

	<u>03/12</u>	<u>03/13</u>	<u>03/14</u>	<u>03/15</u>	<u>03/16</u>
Lunch	Rib Patty Sandwich Pepperoni Pizza Glazed Carrots Baked Beans Mandarin Oranges	Tangerine Chicken Nachos Meat & Cheese Vegetables, California Blend Tossed Salad Brown Rice Pilaf Mandarin Oranges	Chicken Nugget Mashed Potatoes Green Beans Dinner Roll Mandarin Oranges	BBQ Sandwich Pollack Strips Baby Carrots Tossed Salad Potato Wedge Mandarin Oranges	Sach Lunch, PBJ

WASHINGTON PRE-K CENTER

	<u>03/12</u>	<u>03/13</u>	<u>03/14</u>	<u>03/15</u>	<u>03/16</u>
Lunch	Pepperoni Pizza Glazed Carrots Strawberries	Tangerine Chicken Peas Brown Rice Pilaf Strawberries, Fresh	Chicken Strips Mashed Potatoes Strawberries	Chicken & Noodles Green Beans Strawberries	

WEST MIDDLE SCHOOL

	<u>03/12</u>	<u>03/13</u>	<u>03/14</u>	<u>03/15</u>	<u>03/16</u>
Lunch	Rib Patty Sandwich Pepperoni Pizza Baked Beans Glazed Carrots Strawberries	Cheese Quesadilla Tangerine Chicken Tossed Salad Peas Brown Rice Pilaf Strawberries	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Strawberries	Chicken & Noodles Pollack Strips Carrot Sticks Potato Crispwedge Tossed Salad Strawberries	