

## **EAST MID HIGH**

	<u><b>01/29</b></u>	<u><b>01/30</b></u>	<u><b>01/31</b></u>	<u><b>02/01</b></u>	<u><b>02/02</b></u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Broccoli w/Cheese Potato Wedge Ranch Beans Applesauce, Sweet Cinnamon	Frito Chili Pie Byo, Taco Bowl Mexi Beans Glazed Carrots Tossed Salad Applesauce, Sweet Cinnamon	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Applesauce, Sweet Cinnamon	Ravioli Breadstick Bites Sauce, Marinara Italian Vegetables Tossed Salad Applesauce, Sweet Cinnamon	Pizza, Wildmike Pepperoni Corn Dog Peas Tossed Salad Carrot Sticks Applesauce, Sweet Cinnamon

## **ELEMENTARY SCHOOLS**

	<u><b>01/29</b></u>	<u><b>01/30</b></u>	<u><b>01/31</b></u>	<u><b>02/01</b></u>	<u><b>02/02</b></u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Broccoli w/Cheese Potato Wedge Baked Beans Blueberries, Fresh	Frito Chili Pie Corn Dog Mexi Beans Glazed Carrots Blueberries, Fresh	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Blueberries, Fresh	Breadstick Bites Sauce, Marinara Lasagna Rollup Italian Vegetables Tossed Salad Blueberries, Fresh	Pepperoni Pizza Wedge Nacho Bites Corn Carrot Sticks Blueberries, Fresh

# PONCA CITY HIGH SCHOOL

	<u>01/29</u>	<u>01/30</u>	<u>01/31</u>	<u>02/01</u>	<u>02/02</u>
<b>Retro</b>	Rib Dippers Corn Muffin Broccoli w/Cheese Tossed Salad	Cheeseburger Baked Beans French Fries Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Chicken Nugget Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Patty Sandwich Pollack Strips Baked Beans Corn Tossed Salad Fruit, Fresh Assorted	Cheese Enchilada Tostado Tossed Salad Refried Beans Mexi Rice Cherry Tomatoes Fruit, Fresh Assorted
<b>CHIX</b>	Chicken Strips Mini Corn Dogs Chicken Cheese Crispito French Fries Fruit, Fresh Assorted Dinner Roll	Popcorn Chicken Chicken Chunk Honey BBQ Cheese Sticks French Fries Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Corn Dog Steack, Chicken Fried French Fries Dinner Roll Fruit, Fresh Assorted	Pizza, Cheese Mini Tacos Thai Chicken French Fries Dinner Roll Fruit, Fresh Assorted
<b>My Way Café</b>	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl  -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada Beef Taco Bar Mexi Beans Mexi Rice  -----	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Whole 12" Mission Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat  -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada Beef Taco Bar Mexi Beans Mexi Rice  -----	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Whole 12" Mission Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat  -----

	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar
<b>On the Fly</b>	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

## ST. MARY'S

	<u>01/29</u>	<u>01/30</u>	<u>01/31</u>	<u>02/01</u>	<u>02/02</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Broccoli w/Cheese Potato Wedge Ranch Beans Applesauce, Sweet Cinnamon	Corn Dog Frito Chili Pie Mexi Beans Glazed Carrots Tossed Salad Applesauce, Sweet Cinnamon	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Applesauce, Sweet Cinnamon	Ravioli Breadstick Bites Sauce, Marinara Italian Vegetables Tossed Salad Applesauce, Sweet Cinnamon	Pizza, Wildmike Pepperoni Corn Dog Peas Carrot Sticks Applesauce, Sweet Cinnamon

## WASHINGTON PRE-K CENTER

	<u>01/29</u>	<u>01/30</u>	<u>01/31</u>	<u>02/01</u>	<u>02/02</u>
<b>Lunch</b>	Hamburger Potato Wedge Blueberries, Fresh	Mini Corn Dogs Glazed Carrots Blueberries, Fresh	Popcorn Chicken Mashed Potatoes Blueberries, Fresh	Breadstick Bites Sauce, Marinara Green Beans Blueberries, Fresh	Pepperoni Pizza Wedge Corn Blueberries, Fresh

## WEST MIDDLE SCHOOL

	<u>01/29</u>	<u>01/30</u>	<u>01/31</u>	<u>02/01</u>	<u>02/02</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Broccoli w/Cheese Potato Wedge Apple Slices Pkg Baked Beans	Frito Chili Pie Corn Dog Mexi Beans Glazed Carrots Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll	Breadstick Bites Sauce, Marinara Lasagna Rollup Italian Vegetables Tossed Salad Blueberries, Fresh	Pepperoni Pizza Wedge Nacho Bites Corn Carrot Sticks Blueberries, Fresh