

EAST MID HIGH

	<u>09/25</u>	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>
Lunch	Hamburger Cheese, Slice, American Broccoli w/Cheese Potato Wedge Baked Beans Fruit, Fresh Assorted	Frito Chili Pie Corn Dog Mexi Beans Glazed Carrots Fruit, Fresh Assorted	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Breadstick Bites Sauce, Marinara Lasagna Rollup Italian Vegetables Tossed Salad Fruit, Fresh Assorted	Nacho Bites Stuffed Crust Pizza Corn Carrot Sticks Fruit, Fresh Assorted

ELEMENTARY SCHOOLS

	<u>09/25</u>	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>
Lunch	Hamburger Cheese, Slice, American Broccoli w/Cheese Potato Wedge Baked Beans Apple Slices Pkg	Frito Chili Pie Corn Dog Mexi Beans Glazed Carrots Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Breadstick Bites Sauce, Marinara Lasagna Rollup Italian Vegetables Tossed Salad Apple Slices Pkg	Nacho Bites Stuffed Crust Pizza Corn Carrot Sticks Apple Slices Pkg

PONCA CITY HIGH SCHOOL

	<u>09/25</u>	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>
Retro	Rib Dippers Corn Muffin Broccoli w/Cheese Tossed Salad	Cheeseburger Baked Beans French Fries Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Chicken Nugget Green Beans Dinner Roll Fruit, Fresh Assorted	BBQ Chop Brisket Sandwich Baked Beans Chicken Patty Sandwich Corn Tossed Salad Fruit, Fresh Assorted	Cheese Enchilada Tossed Salad Mexi Beans Mexi Rice Cherry Tomatoes Fruit, Fresh Assorted
CHIX	Chicken Strips Mini Corn Dogs Chicken Cheese Crispito French Fries Fruit, Fresh Assorted Dinner Roll	Popcorn Chicken Chicken Chunk Honey BBQ Cheese Sticks French Fries Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Corn Dog Steack, Chicken Fried French Fries Dinner Roll Fruit, Fresh Assorted	Pizza, Cheese Mini Tacos Thai Chicken French Fries Dinner Roll Fruit, Fresh Assorted
My Way Café	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Whole 12" Mission Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Whole 12" Mission Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat -----

	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed		<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar		<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar
On the Fly	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

ST. MARY'S

	<u>09/25</u>	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>
Lunch	Hamburger Cheese, Slice, American Broccoli w/Cheese Potato Wedge Baked Beans Fruit, Fresh Assorted	Frito Chili Pie Corn Dog Mexi Beans Glazed Carrots Fruit, Fresh Assorted	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Breadstick Bites Sauce, Marinara Lasagna Rollup Italian Vegetables Tossed Salad Fruit, Fresh Assorted	Nacho Bites Stuffed Crust Pizza Corn Carrot Sticks Fruit, Fresh Assorted

WASHINGTON PRE-K CENTER

	<u>09/25</u>	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>
Lunch	Hamburger Potato Wedge Baked Beans Apple Slices Pkg	Mini Corn Dogs Glazed Carrots Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Green Beans Apple Slices Pkg	Breadstick Bites Sauce, Marinara Green Beans Apple Slices Pkg	Stuffed Crust Pizza Corn Apple Slices Pkg

WEST MIDDLE SCHOOL

	<u>09/25</u>	<u>09/26</u>	<u>09/27</u>	<u>09/28</u>	<u>09/29</u>
Lunch	Hamburger Cheese, Slice, American Broccoli w/Cheese Potato Wedge Baked Beans Apple Slices Pkg	Frito Chili Pie Corn Dog Mexi Beans Glazed Carrots Apple Slices Pkg	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Breadstick Bites Sauce, Marinara Lasagna Rollup Italian Vegetables Tossed Salad Apple Slices Pkg	Nacho Bites Stuffed Crust Pizza Corn Carrot Sticks Apple Slices Pkg