

EAST MID HIGH

	<u>09/18</u>	<u>09/19</u>	<u>09/20</u>	<u>09/21</u>	<u>09/22</u>
Lunch		Mini Corn Dogs Mac & Cheese Tossed Salad Broccoli, Steamed Mexi Beans Harvest Cheddar Sun Chip Fruit, Fresh Assorted	Chik N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Hot Dog Lemongrass Chicken Brown Rice Pilaf Cherry Tomatoes Tossed Salad Fruit, Fresh Assorted	Artisan Sausage Pizza Italian Vegetables Corn Salad Brownie, Chocolate Fruit, Fresh Assorted

ELEMENTARY SCHOOLS

	<u>09/18</u>	<u>09/19</u>	<u>09/20</u>	<u>09/21</u>	<u>09/22</u>
Lunch		Mini Corn Dogs Mac & Cheese Tossed Salad Mexi Beans Harvest Cheddar Sun Chip Pineapple Tidbits	Chik N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Pineapple Tidbits	Lemongrass Chicken Brown Rice Pilaf Mini Twin Sliders Cherry Tomatoes Tossed Salad Pineapple Tidbits	Artisan Sausage Pizza Italian Vegetables Corn Salad Brownie, Chocolate Pineapple Tidbits

PONCA CITY HIGH SCHOOL

	<u>09/18</u>	<u>09/19</u>	<u>09/20</u>	<u>09/21</u>	<u>09/22</u>
Retro		Cheeseburger Baked Beans French Fries Tossed Salad Fruit, Fresh Assorted	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Lasagna Rollup California Blend Veggies Tossed Salad Corn Jello Fruit, Fresh Assorted	Mac & Cheese Vegetables, California Blend Tossed Salad Cherry Tomatoes Fruit, Fresh Assorted
CHIX	Chicken Strips Mini Corn Dogs Chicken Cheese Crispito French Fries Fruit, Fresh Assorted Dinner Roll	Popcorn Chicken Chicken Chunk Honey BBQ Cheese Sticks French Fries Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Corn Dog Steack, Chicken Fried French Fries Dinner Roll Fruit, Fresh Assorted	Pizza, Cheese Mini Tacos Thai Chicken French Fries Dinner Roll Fruit, Fresh Assorted
My Way Café	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Whole 12" Mission Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Whole 12" Mission Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat -----

	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed		<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar		<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar
On the Fly	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

ST. MARY'S

	<u>09/18</u>	<u>09/19</u>	<u>09/20</u>	<u>09/21</u>	<u>09/22</u>
Lunch	Pretzel Cheese Sauce Grilled Chicken Sandwich Carrot Sticks Fruit, Fresh Assorted Baked Beans	Mini Corn Dogs Mac & Cheese Tossed Salad Mexi Beans Harvest Cheddar Sun Chip Fruit, Fresh Assorted	Chik N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Lemongrass Chicken Brown Rice Pilaf Mini Twin Sliders Cherry Tomatoes Tossed Salad Fruit, Fresh Assorted	

WASHINGTON PRE-K CENTER

	<u>09/18</u>	<u>09/19</u>	<u>09/20</u>	<u>09/21</u>	<u>09/22</u>
Lunch		Mac & Cheese Seasoned Black Beans Pineapple Tidbits	Chik N' Fry Stix Mashed Potatoes Green Beans Pineapple Tidbits	Mini Twin Sliders Tossed Salad Green Beans Pineapple Tidbits	Artisan Sausage Pizza Italian Vegetables Pineapple Tidbits

WEST MIDDLE SCHOOL

	<u>09/18</u>	<u>09/19</u>	<u>09/20</u>	<u>09/21</u>	<u>09/22</u>
Lunch		Mini Corn Dogs Mac & Cheese Tossed Salad Mexi Beans Harvest Cheddar Sun Chip Pineapple Tidbits	Chik N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Pineapple Tidbits	Lemongrass Chicken Brown Rice Pilaf Mini Twin Sliders Cherry Tomatoes Tossed Salad Pineapple Tidbits	Artisan Sausage Pizza Italian Vegetables Corn Salad Brownie, Chocolate Pineapple Tidbits