

EAST MID HIGH

	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>
Lunch	French Bread Pizza Rib Patty Sandwich Baked Beans Glazed Carrots Fruit, Fresh Assorted	Cheese Quesadilla Tangerine Chicken Tossed Salad Peas Brown Rice Pilaf Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	BBQ Chop Brisket Sandwich Pollack Strips Carrot Sticks Potato Crispwedge Tossed Salad Fruit, Fresh Assorted	Bosco Stick Marinara Sauce Chicken Parmesan Corn Garbonza Bean Salad Corn Bread Muffin Fruit, Fresh Assorted

ELEMENTARY SCHOOLS

	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>
Lunch	Rib Patty Sandwich Pepperoni Pizza Baked Beans Glazed Carrots Grapes, Fresh	Cheese Quesadilla Tangerine Chicken Tossed Salad Peas Brown Rice Pilaf Grapes, Fresh	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Grapes, Fresh	BBQ Chop Brisket Sandwich Pollack Strips Carrot Sticks Potato Crispwedge Tossed Salad Grapes, Fresh	Bosco Stick Marinara Sauce Chicken Parmesan Corn Garbonza Bean Salad Corn Bread Muffin Grapes, Fresh

PONCA CITY HIGH SCHOOL

	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>
Retro	Wildcat Burger Steak, Chicken Fried Potatoes, Tater Tots Baked Beans Tossed Salad Fruit, Fresh Assorted	Cheeseburger Potatoes, Tater Tots Baked Beans (Vegetarian) Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Grilled Chicken Sandwich Chicken Wrap Baby Carrots Pasta Salad Fruit, Fresh Assorted	Stuffed Crust Pizza Broccoli w/Cheese Tossed Salad Fruit, Fresh Assorted
CHIX	Chicken Strips Mini Corn Dogs Chicken Cheese Crispito French Fries Fruit, Fresh Assorted Dinner Roll	Popcorn Chicken Chicken Chunk Honey BBQ Cheese Sticks French Fries Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Corn Dog Steack, Chicken Fried French Fries Dinner Roll Fruit, Fresh Assorted	Pizza, Cheese Mini Tacos Thai Chicken French Fries Dinner Roll Fruit, Fresh Assorted
My Way Café	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Whole 12" Mission Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Whole 12" Mission Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat -----

	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed		<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar		<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar
On the Fly	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

ST. MARY'S

	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>
Lunch	Rib Patty Sandwich Pepperoni Pizza Baked Beans Glazed Carrots Fruit, Fresh Assorted	Cheese Quesadilla Tangerine Chicken Tossed Salad Peas Brown Rice Pilaf Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	BBQ Chop Brisket Sandwich Pollack Strips Carrot Sticks Potato Crispwedge Tossed Salad Fruit, Fresh Assorted	Bosco Stick Marinara Sauce Chicken Parmesan Corn Garbonza Bean Salad Corn Bread Muffin Fruit, Fresh Assorted

WASHINGTON PRE-K CENTER

	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>
Lunch	Pepperoni Pizza Glazed Carrots Grapes, Fresh	Tangerine Chicken Peas Brown Rice Pilaf Grapes, Fresh	Chicken Strips Mashed Potatoes Green Beans Grapes, Fresh	BBQ Chop Brisket Sandwich Green Beans Grapes, Fresh	Bosco Stick Marinara Sauce Corn Grapes, Fresh

WEST MIDDLE SCHOOL

	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>	<u>09/15</u>
Lunch	Rib Patty Sandwich Pepperoni Pizza Baked Beans Glazed Carrots Grapes, Fresh	Cheese Quesadilla Tangerine Chicken Tossed Salad Peas Brown Rice Pilaf Grapes, Fresh	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Grapes, Fresh	BBQ Chop Brisket Sandwich Pollack Strips Carrot Sticks Potato Crispwedge Tossed Salad Grapes, Fresh	Bosco Stick Marinara Sauce Chicken Parmesan Corn Garbonza Bean Salad Corn Bread Muffin Grapes, Fresh