## EAST MID HIGH

|  | 05/08 | 05/09 | 05/10 | 05/11 | 05/12 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch | Chicken Patty Sandwich Baked Beans Baby Carrots Ranch Dressing Peach Cup | Soft Taco <br> Beef Burrito <br> Mexi Beans <br> Tossed Salad <br> Peach Cup | Chicken Strip Green Beans Dinner Roll Mashed Potatoes Peach Cup | Rib Patty <br> Sandwich <br> Steak Fingers <br> Broccoli w/Cheese <br> Tossed Salad <br> Peach Cup | Assorted Pizza Grape Tomatoes Ranch Dressing Broccoli w/Cheese Peach Cup |

We offer Assorted Salads, Sandwiches, 100\% Juice, and Milk every day!!

## ELEMENTARY SCHOOLS

|  | 05/08 | 05/09 | $\underline{05 / 10}$ | 05/11 | 05/12 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch | Chicken Patty Sandwich Baked Beans Baby Carrots Ranch Dressing Peach Cup | Soft Taco <br> Beef Burrito <br> Mexi Beans <br> Tossed Salad <br> Peach Cup | Chicken Nuggets <br> Green Beans <br> Dinner Roll <br> Mashed Potatoes <br> Peach Cup | Rib Patty <br> Sandwich <br> Steak Fingers <br> Broccoli w/Cheese <br> Tossed Salad <br> Peach Cup | Pizza Pocket, <br> Pepperoni <br> Grape Tomatoes <br> Ranch Dressing <br> Blueberry Lemon <br> Bar <br> Peach Cup |

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PONCA CITY HIGH SCHOOL

|  | 05/08 | 05/09 | 05/10 | 05/11 | 05/12 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Bowls <br> Italian and Asian | Italian Pasta Bowl <br> Vegetable <br> Selection | Asian RICE <br> BOWLS <br> Fried Rice <br> Vegetable <br> Selection | Italian Pasta Bowl <br> Vegetable <br> Selection | Asian RICE <br> BOWLS <br> Fried Rice <br> Vegetable <br> Selection | Italian Pasta Bowl <br> Vegetable <br> Selection |
| CHIX <br> Lunch | Chicken Chunk <br> Loaded Chicken <br> Chunk <br> Dinner Roll <br> French Fries <br> Assorted Fresh <br> Fruit | Popcorn Smackers <br> Calzone <br> Hamburger <br> French Fries <br> Dinner Roll <br> Assorted Fresh <br> Fruit | Chicken Strips Mashed Potatoes <br> Green Beans <br> Dinner Roll <br> Assorted Fresh <br> Fruit | Buffalo Chicken Chunk <br> IMAC's Bomb <br> Pulled Pork <br> Sandwich <br> French Fries <br> Dinner Roll <br> Assorted Fresh <br> Fruit | Popcorn Smackers <br> Buffalo Chicken <br> Pizza <br> Assorted Pizza <br> Dinner Roll <br> Assorted Fresh <br> Fruit |
| Eat Muchos Tacos | Taco Bar <br> BYO Stuffed <br> Burrito <br> Tostado <br> Street Taco <br> Mexi Beans <br> Mexi Rice <br> Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit | Taco Bar <br> BYO Stuffed Burrito <br> Tostado <br> Street Taco <br> Chicken Day <br> Mexi Beans <br> Mexi Rice <br> Fresh Fruit | Taco Bar <br> BYO Stuffed <br> Burrito <br> Tostado <br> Street Taco <br> Mexi Beans <br> Mexi Rice <br> Fresh Fruit | Taco Bar <br> BYO Stuffed Burrito <br> Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit |
| Taco \& Nacho Bowl | Build Your Own Taco Bowl Nachos Meat \& Cheese | Build Your Own Taco Bowl Nachos Meat \& Cheese | Build Your Own Taco Bowl Nachos Meat \& Cheese | Build Your Own Taco Bowl Nachos Meat \& Cheese | Build Your Own Taco Bowl Nachos Meat \& Cheese |

YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPINGS, and SALSA
Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100\% Juice, and Milk every day!!

## ST. MARY'S

|  | 05/08 | 05/09 | 05/10 | 05/11 | 05/12 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch | Chicken Patty Sandwich Baked Beans Baby Carrots Ranch Dressing Peach Cup | Soft Taco <br> Beef Burrito <br> Mexi Beans <br> Mexi Rice <br> Tossed Salad <br> Peach Cup | Chicken Nuggets <br> Green Beans <br> Dinner Roll <br> Mashed Potatoes <br> Peach Cup | Rib Patty <br> Sandwich <br> Steak Fingers <br> Tossed Salad <br> Oven Fry Wedges <br> Peach Cup | Fiesta Pizza <br> Grape Tomatoes <br> Broccoli w/Cheese <br> Ranch Dressing <br> Peach Cup |

We offer Assorted Salads, Sandwiches, 100\% Juice, and Milk every day!!
Meals
on
Wheels

| Chicken Alfredo | Hamburger | Chicken Strips |
| :--- | :--- | :--- |
| Broccoli | Ranch Beans | Green Beans |
| Garlic Bread | Tater Tots | Mashed Potatoes |
| Dessert | Dessert | Country Gravy <br> Dinner Roll <br> Dessert |


| Mongolian Beef |
| :--- |
| Rice, White |
| Broccoli |
| Dessert |
|  |

Chicken Fried Steak
Country Gravy
Vegetable Selection
Mashed Potatoes Dessert

Menus may change and are subject to availability.

WASHINGTON PRE-K CENTER

| $\underline{\mathbf{0 5 / 0 8}}$ | $\underline{\mathbf{0 5 / 0 9}}$ | $\underline{\mathbf{0 5 / 1 0}}$ | $\underline{\mathbf{0 5 / 1 1}}$ | $\underline{\mathbf{0 5 / 1 2}}$ |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| Lunch | Chicken Patty <br> Sandwich <br> Baked Beans <br> Peach Cup | Beef Burrito <br> Tossed Salad <br> Peach Cup | Chicken Nuggets <br> Mashed Potatoes <br> Peach Cup | Steak Fingers <br> Broccoli w/Cheese <br> Peach Cup | Pizza Pocket, <br> Pepperoni <br> Corn <br> Peach Cup |

WEST MIDDLE SCHOOL

|  | 05/08 | 05/09 | 05/10 | 05/11 | 05/12 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Lunch | Chicken Patty Sandwich Baked Beans Baby Carrots Ranch Dressing Peach Cup | Soft Taco <br> Beef Burrito <br> Mexi Beans <br> Tossed Salad <br> Peach Cup | Chicken Nuggets <br> Green Beans <br> Dinner Roll <br> Mashed Potatoes <br> Peach Cup | Rib Patty <br> Sandwich <br> Steak Fingers <br> Broccoli w/Cheese <br> Tossed Salad <br> Peach Cup | Pizza Pocket, Pepperoni <br> Corn <br> Grape Tomatoes <br> Ranch Dressing <br> Blueberry Lemon <br> Bar <br> Peach Cup |

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