

EAST MID HIGH

| | <u>04/03</u> | <u>04/04</u> | <u>04/05</u> | <u>04/06</u> | <u>04/07</u> |
|--|--|---|--|--|--------------|
| Lunch | Hamburger Cheese, Slice, American Tossed Salad Oven Fry Wedges Baked Beans Broccoli w/Cheese | Hot Ham & Cheese Corn Dog Glazed Carrots Italian Vegetables Tossed Salad | Popcorn Chicken Green Beans Mashed Potatoes Dinner Roll | Frito Chili Pie Chicken Leg Mexi Beans Tossed Salad | |
| We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!! | | | | | |

ELEMENTARY SCHOOLS

| | <u>04/03</u> | <u>04/04</u> | <u>04/05</u> | <u>04/06</u> | <u>04/07</u> |
|--|--|---|--|--|--------------|
| Lunch | Hamburger Cheese, Slice, American Oven Fry Wedges Baked Beans Broccoli w/Cheese Cinnamon Applesauce | Hot Ham & Cheese Corn Dog Glazed Carrots Italian Vegetables Cinnamon Applesauce | Chicken Strip Green Beans Mashed Potatoes Dinner Roll Cinnamon Applesauce | Frito Chili Pie Chicken Leg Mexi Beans Tossed Salad Cinnamon Applesauce | |
| We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!! | | | | | |

PONCA CITY HIGH SCHOOL

| | <u>04/03</u> | <u>04/04</u> | <u>04/05</u> | <u>04/06</u> | <u>04/07</u> |
|--|--|--|---|--|--|
| Bowls Italian and Asian | Italian Pasta Bowl Vegetable Selection | Asian RICE BOWLS Fried Rice Vegetable Selection | Italian Pasta Bowl Vegetable Selection | Asian RICE BOWLS Fried Rice Vegetable Selection | Italian Pasta Bowl Vegetable Selection |
| CHIX Lunch | Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Assorted Fresh Fruit | Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit | Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit | Buffalo Chicken Chunk IMAC's Bomb Pulled Pork Sandwich French Fries Dinner Roll Assorted Fresh Fruit | Popcorn Smackers Buffalo Chicken Pizza Assorted Pizza Dinner Roll Assorted Fresh Fruit |
| Eat Muchos Tacos | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit |

YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPINGS, and SALSA

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ST. MARY'S

| | <u>04/03</u> | <u>04/04</u> | <u>04/05</u> | <u>04/06</u> | <u>04/07</u> |
|--|--|---|---|--|--------------|
| Lunch | Hamburger Cheese, Slice, American Baked Beans Oven Fry Wedges Broccoli w/Cheese Cinnamon Applesauce | Hot Ham & Cheese Corn Dog Glazed Carrots Italian Vegetables Cinnamon Applesauce | Chicken Strip Green Beans Mashed Potatoes Dinner Roll Cinnamon Applesauce | Frito Chili Pie Chicken Leg Mexi Beans Tossed Salad Cinnamon Applesauce | |
| We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!! | | | | | |
| Meals on Wheels | Spaghetti & Meatballs California Blend Veggies Dinner Roll Dessert | Hamburger Oven Fried Potatoes Ranch Beans Dessert | Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert | BBQ Sandwich French Fries Baked Beans Fresh Tossed Salad Dessert | |
| Menus may change and are subject to availability. | | | | | |

WASHINGTON PRE-K CENTER

| | <u>04/03</u> | <u>04/04</u> | <u>04/05</u> | <u>04/06</u> | <u>04/07</u> |
|--------------|--|---|--|---|--------------|
| Lunch | Hamburger Cheese, Slice, American Broccoli w/Cheese Cinnamon Applesauce | Hot Ham & Cheese Italian Vegetables Cinnamon Applesauce | Chicken Strip Mashed Potatoes Cinnamon Applesauce | Chicken Leg Tossed Salad Cinnamon Applesauce | |

WEST MIDDLE SCHOOL

| | <u>04/03</u> | <u>04/04</u> | <u>04/05</u> | <u>04/06</u> | <u>04/07</u> |
|--|--|---|--|--|--------------|
| Lunch | Hamburger Cheese, Slice, American Oven Fry Wedges Baked Beans Broccoli w/Cheese Cinnamon Applesauce | Hot Ham & Cheese Corn Dog Glazed Carrots Italian Vegetables Cinnamon Applesauce | Chicken Strip Green Beans Mashed Potatoes Dinner Roll Cinnamon Applesauce | Frito Chili Pie Chicken Leg Mexi Beans Tossed Salad Cinnamon Applesauce | |
| We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!! | | | | | |