

EAST MID HIGH

	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>	<u>01/12</u>	<u>01/13</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing	Soft Taco Beef Burrito Mexi Rice Refried Beans Tossed Salad	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes	Chicken & Noodles Steak Fingers Tossed Salad Cheesy Potatoes Sunchip Assortment	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>	<u>01/12</u>	<u>01/13</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Peaches, Sliced	Soft Taco Beef Burrito Refried Beans Tossed Salad Peaches, Sliced	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Peaches, Sliced	Steak Fingers Chicken & Noodles Tossed Salad Cheesy Potatoes Sunchip Assortment Peaches, Sliced	Pizza Pocket Broccoli w/Cheese Grape Tomatoes Ranch Dressing Peaches, Sliced
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

PONCA CITY HIGH SCHOOL

	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>	<u>01/12</u>	<u>01/13</u>
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
CHIX Lunch	Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunk IMAC's Bomb Pulled Pork Sandwich French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Buffalo Chicken Pizza Assorted Pizza Dinner Roll Assorted Fresh Fruit
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPINGS, and SALSA

Menus may change and are subject to availability.
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ST. MARY'S

	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>	<u>01/12</u>	<u>01/13</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Peaches, Sliced	Soft Taco Beef Burrito Mexi Rice Refried Beans Tossed Salad Peaches, Sliced	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Peaches, Sliced	Chicken & Noodles Steak Fingers Tossed Salad Cheesy Potatoes Sunchip Assortment Peaches, Sliced	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Peaches, Sliced
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Meals on Wheels	Chicken Alfredo Broccoli Garlic Bread Dessert	Hamburger French Fries Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	Mongolian Beef Egg Roll Rice, White Broccoli Dessert	Stuffed Green Pepper Vegetable Selection Dinner Roll Dessert
Menus may change and are subject to availability.					

WASHINGTON PRE-K CENTER

	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>	<u>01/12</u>	<u>01/13</u>
Lunch	Chicken Patty Sandwich Mexi Beans Peaches, Sliced	Beef Burrito Tossed Salad Peaches, Sliced	Chicken Nuggets Mashed Potatoes Peaches, Sliced	Steak Fingers Green Beans Peaches, Sliced	Pizza Pocket, Pepperoni Broccoli w/Cheese Peaches, Sliced

WEST MIDDLE SCHOOL

	<u>01/09</u>	<u>01/10</u>	<u>01/11</u>	<u>01/12</u>	<u>01/13</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Peaches, Sliced	Soft Taco Beef Burrito Mexi Rice Refried Beans Tossed Salad Peaches, Sliced	Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Peaches, Sliced	Chicken & Noodles Steak Fingers Tossed Salad Cheesy Potatoes Sunchip Assortment Peaches, Sliced	Pizza Pocket, Pepperoni Broccoli w/Cheese Grape Tomatoes Ranch Dressing Peaches, Sliced
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					