

EAST MID HIGH

	<u>12/05</u>	<u>12/06</u>	<u>12/07</u>	<u>12/08</u>	<u>12/09</u>
Lunch	Rib Patty Sandwich Baked Beans Glazed Carrots	Cheese Enchilada Hot Ham & Cheese Tossed Salad Refried Beans Mexi Rice	Chicken Strip Green Beans Mashed Potatoes Dinner Roll	Hot Dog Chicken & Noodles Tossed Salad Mixed Vegetables	Cheese Pizza Corn Baby Carrots Ranch Dressing
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>12/05</u>	<u>12/06</u>	<u>12/07</u>	<u>12/08</u>	<u>12/09</u>
Lunch	Rib Patty Sandwich Baked Beans Glazed Carrots Pears	Cheese Enchilada Hot Ham & Cheese Tossed Salad Refried Beans Pears	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Pears	Hot Dog Cheese Sauce Chicken & Noodles Tossed Salad Mixed Vegetables Pears	Cheese Pizza Corn Baby Carrots Ranch Dressing Pears
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

PONCA CITY HIGH SCHOOL

	<u>12/05</u>	<u>12/06</u>	<u>12/07</u>	<u>12/08</u>	<u>12/09</u>
Bowls Italian and Asian	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
CHIX Lunch	Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunk IMAC's Bomb Pulled Pork Sandwich French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Buffalo Chicken Pizza Assorted Pizza Dinner Roll Assorted Fresh Fruit
Eat Muchos Tacos	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPINGS, and SALSA

Menus may change and are subject to availability.
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ST. MARY'S

	<u>12/05</u>	<u>12/06</u>	<u>12/07</u>	<u>12/08</u>	<u>12/09</u>
Lunch	Rib Patty Sandwich Baked Beans Glazed Carrots Pears	Cheese Enchilada Hot Ham & Cheese Tossed Salad Refried Beans Mexi Rice Pears	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Pears	Hot Dog Chicken & Noodles Tossed Salad Mixed Vegetables Pears	Cheese Pizza Corn Baby Carrots Ranch Dressing Pears
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Meals on Wheels	Chicken Alfredo Broccoli Garlic Bread Dessert	Hamburger French Fries Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	Mongolian Beef Rice, White Broccoli Dessert	Chicken Fried Steak Country Gravy Vegetable Selection Mashed Potatoes Dessert
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WASHINGTON PRE-K CENTER

	<u>12/05</u>	<u>12/06</u>	<u>12/07</u>	<u>12/08</u>	<u>12/09</u>
Lunch	Rib Patty Sandwich Baked Beans Pears	Hot Ham & Cheese Tossed Salad Ranch Dressing Pears	Chicken Strip Mashed Potatoes Pears	Hot Dog Mixed Vegetables Pears	Cheese Pizza Baby Carrots Ranch Dressing Pears

WEST MIDDLE SCHOOL

	<u>12/05</u>	<u>12/06</u>	<u>12/07</u>	<u>12/08</u>	<u>12/09</u>
Lunch	Rib Patty Sandwich Baked Beans Glazed Carrots Pears	Cheese Enchilada Hot Ham & Cheese Tossed Salad Mexi Rice Pears	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Pears	Hot Dog Chicken & Noodles Tossed Salad Mixed Vegetables Pears	Cheese Pizza Corn Baby Carrots Ranch Dressing Pears
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					