

## **EAST MID HIGH**

	<u><b>10/31</b></u>	<u><b>11/01</b></u>	<u><b>11/02</b></u>	<u><b>11/03</b></u>	<u><b>11/04</b></u>
<b>Lunch</b>	Rib Patty Sandwich Baked Beans Glazed Carrots Fresh Fruit	Cheese Enchilada Hot Ham & Cheese Tossed Salad Refried Beans Fresh Fruit	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Fresh Fruit	Hot Dog Chili Chicken Leg Tossed Salad Mixed Vegetables Fresh Fruit	Cheese Pizza Pepperoni Pizza Corn Baby Carrots Ranch Dressing Fresh Fruit
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

## **ELEMENTARY SCHOOLS**

	<u><b>10/31</b></u>	<u><b>11/01</b></u>	<u><b>11/02</b></u>	<u><b>11/03</b></u>	<u><b>11/04</b></u>
<b>Lunch</b>	Rib Patty Sandwich Baked Beans Glazed Carrots Cinnamon Applesauce	Cheese Enchilada Grilled Cheese Tossed Salad Refried Beans Mexi Beans Cinnamon Applesauce	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Cinnamon Applesauce	Hot Dog Chicken Leg Tossed Salad Mixed Vegetables Cinnamon Applesauce	Cheese Pizza Corn Baby Carrots Ranch Dressing Cinnamon Applesauce
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

# PONCA CITY HIGH SCHOOL

	<u>10/31</u>	<u>11/01</u>	<u>11/02</u>	<u>11/03</u>	<u>11/04</u>
<b>Bowls Italian and Asian</b>	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection	Asian RICE BOWLS PHO Fried Rice Vegetable Selection	Italian Pasta Bowl Vegetable Selection
<b>CHIX Lunch</b>	Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Assorted Fresh Fruit	Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit	Buffalo Chicken Chunks IMAC's Bomb Pulled Pork Sandwich French Fries Dinner Roll Assorted Fresh Fruit	Popcorn Smackers Buffalo Chicken Pizza Assorted Pizza Dinner Roll Assorted Fresh Fruit
<b>Eat Muchos Tacos</b>	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit

YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPING, and SALSA

Menus may change and are subject to availability.  
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## ST. MARY'S

	<u>10/31</u>	<u>11/01</u>	<u>11/02</u>	<u>11/03</u>	<u>11/04</u>
<b>Lunch</b>	Rib Patty Sandwich Baked Beans Glazed Carrots Mixed Berry Cup	Cheese Enchilada Grilled Cheese Tossed Salad Refried Beans Mexi Rice Cinnamon Applesauce	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Cinnamon Applesauce	Hot Dog Chicken Leg Tossed Salad Mixed Vegetables Cinnamon Applesauce	Cheese Pizza Corn Baby Carrots Ranch Dressing Cinnamon Applesauce
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					
<b>Meals on Wheels</b>	Spaghetti & Meatballs California Blend Veggies Dinner Roll Dessert	TBA	TBA	TBA	TBA
Menus may change and are subject to availability.					

## WASHINGTON PRE-K CENTER

	<u>10/31</u>	<u>11/01</u>	<u>11/02</u>	<u>11/03</u>	<u>11/04</u>
<b>Lunch</b>	Rib Patty Sandwich Baked Beans Cinnamon Applesauce	Grilled Cheese Tossed Salad Ranch Dressing Cinnamon Applesauce	Chicken Strip Mashed Potatoes Country Gravy Cinnamon Applesauce	Chicken Leg Mixed Vegetables Cinnamon Applesauce	Cheese Pizza Baby Carrots Ranch Dressing Cinnamon Applesauce

## WEST MIDDLE SCHOOL

	<u>10/31</u>	<u>11/01</u>	<u>11/02</u>	<u>11/03</u>	<u>11/04</u>
<b>Lunch</b>	Rib Patty Sandwich Baked Beans Glazed Carrots Cinnamon Applesauce	Cheese Enchilada Grilled Cheese Tossed Salad Refried Beans Mexi Beans Cinnamon Applesauce	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Cinnamon Applesauce	Hot Dog Chicken Leg Tossed Salad Mixed Vegetables Cinnamon Applesauce	Cheese Pizza Corn Baby Carrots Ranch Dressing Cinnamon Applesauce
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					