

EAST MID HIGH

| | <u>10/24</u> | <u>10/25</u> | <u>10/26</u> | <u>10/27</u> | <u>10/28</u> |
|--------------|---|--|---|--|--|
| Lunch | Chicken Patty Sandwich Chicken Wrap Mexi Beans Baby Carrots Ranch Dressing Fresh Fruit | Soft Taco Beef Burrito Mexi Rice Refried Beans Tossed Salad Fresh Fruit | Chicken Strip Green Beans Dinner Roll Mashed Potatoes Fresh Fruit | BBQ Sandwich Steak Fingers Tossed Salad Scalloped Potatoes Sunchip Assortment Fresh Fruit | Pizza Pocket Broccoli w/Cheese Grape Tomatoes Ranch Dressing Fresh Fruit |

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

| | <u>10/24</u> | <u>10/25</u> | <u>10/26</u> | <u>10/27</u> | <u>10/28</u> |
|--------------|--|---|--|---|---|
| Lunch | Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges | Soft Taco Beef Burrito Mexi Rice Refried Beans Tossed Salad Orange, Fresh Wedges | Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges | BBQ Sandwich Steak Fingers Tossed Salad Scalloped Potatoes Sunchip Assortment Orange, Fresh Wedges | Pizza Pocket Broccoli w/Cheese Grape Tomatoes Ranch Dressing Rosati Ice |

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

PONCA CITY HIGH SCHOOL

| | <u>10/24</u> | <u>10/25</u> | <u>10/26</u> | <u>10/27</u> | <u>10/28</u> |
|--|--|--|---|--|--|
| Bowls Italian and Asian | Italian Pasta Bowl Vegetable Selection | Asian RICE BOWLS Fried Rice Vegetable Selection | Italian Pasta Bowl Vegetable Selection | Asian RICE BOWLS Fried Rice Vegetable Selection | Italian Pasta Bowl Vegetable Selection |
| CHIX Lunch | Chicken Chunk Loaded Chicken Chunk Dinner Roll French Fries Assorted Fresh Fruit | Popcorn Smackers Calzone Hamburger French Fries Dinner Roll Assorted Fresh Fruit | Chicken Strips Mashed Potatoes Green Beans Dinner Roll Assorted Fresh Fruit | Buffalo Chicken Chunk IMAC's Bomb Pulled Pork Sandwich French Fries Dinner Roll Assorted Fresh Fruit | Popcorn Smackers Buffalo Chicken Pizza Assorted Pizza Dinner Roll Assorted Fresh Fruit |
| Eat Muchos Tacos | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit | Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit |

YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPINGS, and SALSA

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ST. MARY'S

| | <u>10/24</u> | <u>10/25</u> | <u>10/26</u> | <u>10/27</u> | <u>10/28</u> |
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| Lunch | Chicken Patty Sandwich Mexi Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges | Soft Taco Beef Burrito Mexi Rice Refried Beans Tossed Salad Orange, Fresh Wedges | Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges | BBQ Sandwich Steak Fingers Tossed Salad Scalloped Potatoes Sunchip Assortment Orange, Fresh Wedges | Pizza Pocket Broccoli w/Cheese Grape Tomatoes Ranch Dressing Orange, Fresh Wedges |
| We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!! | | | | | |
| Meals on Wheels | Chicken, Teriyaki Egg Roll Broccoli Vanilla Pudding Snack | Hamburger French Fries Ranch Beans Dessert | Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll | Sweet & Sour Chicken Rice, White Vegetable Selection Dessert | Stuffed Green Pepper Vegetable Selection Dinner Roll Dessert |
| Menus may change and are subject to availability. | | | | | |

WASHINGTON PRE-K CENTER

| | <u>10/24</u> | <u>10/25</u> | <u>10/26</u> | <u>10/27</u> | <u>10/28</u> |
|--------------|--|---|--|--|---|
| Lunch | Chicken Patty Sandwich Mexi Beans Orange, Fresh Wedges | Soft Taco Tossed Salad Orange, Fresh Wedges | Chicken Nuggets Mashed Potatoes Orange, Fresh Wedges | Steak Fingers Green Beans Orange, Fresh Wedges | Pizza Pocket Broccoli w/Cheese Rosati Ice |

WEST MIDDLE SCHOOL

| | <u>10/24</u> | <u>10/25</u> | <u>10/26</u> | <u>10/27</u> | <u>10/28</u> |
|--|--|---|--|---|---|
| Lunch | Chicken Patty Sandwich Chicken Wrap Mexi Beans Baby Carrots Ranch Dressing Orange, Fresh Wedges | Soft Taco Beef Burrito Mexi Rice Refried Beans Tossed Salad Orange, Fresh Wedges | Chicken Nuggets Green Beans Dinner Roll Mashed Potatoes Orange, Fresh Wedges | BBQ Sandwich Steak Fingers Tossed Salad Scalloped Potatoes Sunchip Assortment Orange, Fresh Wedges | Pizza Pocket Broccoli w/Cheese Grape Tomatoes Ranch Dressing Orange, Fresh Wedges |
| We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!! | | | | | |