

EAST MID HIGH

	<u>09/05</u>	<u>09/06</u>	<u>09/07</u>	<u>09/08</u>	<u>09/09</u>
Lunch		Cheese Enchilada Grilled Cheese Tossed Salad Refried Beans Mexi Beans Mixed Berry Cup	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Mixed Berry Cup	Hot Dog Pretzel Cheese Sauce Tossed Salad Mixed Vegetables Mixed Berry Cup	Cheese Pizza Corn Baby Carrots Ranch Dressing Mixed Berry Cup
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>09/05</u>	<u>09/06</u>	<u>09/07</u>	<u>09/08</u>	<u>09/09</u>
Lunch		Cheese Enchilada Grilled Cheese Tossed Salad Refried Beans Mexi Beans Mixed Berry Cup	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Mixed Berry Cup	Hot Dog Pretzel Cheese Sauce Tossed Salad Mixed Vegetables Mixed Berry Cup	Cheese Pizza Corn Baby Carrots Ranch Dressing Mixed Berry Cup
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

PONCA CITY HIGH SCHOOL

	<u>09/05</u>	<u>09/06</u>	<u>09/07</u>	<u>09/08</u>	<u>09/09</u>
Eat Muchos Tacos		Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Chicken Day Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit	Taco Bar BYO Stuffed Burrito Tostado Street Taco Mexi Beans Mexi Rice Fresh Fruit
YOU BUILD IT: Choose Your BASE, PROTEIN, TOPPINGS, and SALSA					
Menus may change and are subject to availability. We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ST. MARY'S

	<u>09/05</u>	<u>09/06</u>	<u>09/07</u>	<u>09/08</u>	<u>09/09</u>
Lunch		Cheese Enchilada Grilled Cheese Tossed Salad Refried Beans Mexi Beans Mixed Berry Cup	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Mixed Berry Cup	Hot Dog Pretzel Cheese Sauce Tossed Salad Mixed Vegetables Mixed Berry Cup	Cheese Pizza Corn Baby Carrots Ranch Dressing Mixed Berry Cup
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Meals on Wheels		Hamburger Ranch Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll	Dessert	Dessert
Menus may change and are subject to availability.					

WASHINGTON PRE-K CENTER

	<u>09/05</u>	<u>09/06</u>	<u>09/07</u>	<u>09/08</u>	<u>09/09</u>
Lunch		Cheese Enchilada Grilled Cheese Tossed Salad Peaches, Sliced	Chicken Strip Mashed Potatoes Peaches, Sliced	Hot Dog Mixed Vegetables Peaches, Sliced	Cheese Pizza Baby Carrots Ranch Dressing Peaches, Sliced

WEST MIDDLE SCHOOL

	<u>09/05</u>	<u>09/06</u>	<u>09/07</u>	<u>09/08</u>	<u>09/09</u>
Lunch		Cheese Enchilada Grilled Cheese Tossed Salad Refried Beans Mexi Beans Mixed Berry Cup	Chicken Strip Green Beans Mashed Potatoes Dinner Roll Mixed Berry Cup	Hot Dog Pretzel Cheese Sauce Tossed Salad Mixed Vegetables Mixed Berry Cup	Cheese Pizza Corn Baby Carrots Ranch Dressing Mixed Berry Cup
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					