

EAST MID HIGH

	<u>02/21</u>	<u>02/22</u>	<u>02/23</u>	<u>02/24</u>	<u>02/25</u>
Lunch	Chicken Patty Sandwich Baby Carrots Ranch Dressing Mexi Beans Fresh Fruit	Soft Taco Tossed Salad Ranch Dressing Refried Beans Jello Fresh Fruit	Chicken Strips Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Fresh Fruit	BBQ Sandwich Steak Fingers Peas Multigrain Sun Chip Tossed Salad Fresh Fruit	Corn Dog Chicken Quesadilla Broccoli w/Cheese Grape Tomatoes Fresh Fruit
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>02/21</u>	<u>02/22</u>	<u>02/23</u>	<u>02/24</u>	<u>02/25</u>
Lunch	Chicken Patty Sandwich Baby Carrots Ranch Dressing Mexi Beans Apple Slices Pkg	Soft Taco Tossed Salad Ranch Dressing Refried Beans Apple Slices Pkg	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apple Slices Pkg	BBQ Sandwich Peas Multigrain Sun Chip Tossed Salad Apple Slices Pkg	Corn Dog Broccoli w/Cheese Grape Tomatoes Apple Slices Pkg
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

PONCA CITY HIGH SCHOOL

	<u>02/21</u>	<u>02/22</u>	<u>02/23</u>	<u>02/24</u>	<u>02/25</u>
Retro	Mini Corn Dogs Baby Carrots Baked Beans Tossed Salad Fresh Fruit	Hamburger Cheese, Slice, American French Fries Baby Carrots Baked Beans Fresh Fruit Tossed Salad	Chicken Strip Panko Dinner Roll Mashed Potatoes Seasoned Green Beans Fresh Fruit	BBQ Sandwich Harvest Cheddar Sun Chip Fresh Fruit	Chicken Quesadilla Mexi Beans Grape Tomatoes Broccoli Fresh Fruit
CHIX	Chicken Chunk Dinner Roll French Fries Fruit, Fresh Assorted	Popcorn Smackers Calzone French Fries Dinner Roll Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Fruit, Fresh Assorted	Chicken Chunk Dinner Roll Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Mexi Beans Salsa, Fresh Pico de Gallo Cheese, Shredcheddar Lettuce, Shredded Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Tangerine Chicken Thai Chicken Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub Sandwich, Spicy Sub Sandwich, Submarine Hoggie	<u>Mexican Kiosk</u> Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick	<u>Mexican Kiosk</u> Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub Sandwich, Spicy Sub Sandwich, Submarine Hoggie	<u>Mexican Kiosk</u> Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist Pasta Noodles

MY WAY CAFE is a concept that allows STUDENTS to BUILD their OWN combinations!

PONCA CITY HIGH SCHOOL (CONTINUED)

On the Fly	Crispy Chicken Salad Salad, Grilled Chicken Garden Salad, Ham Garden Salad, Southern Berry Salad, Chicken Caesar	Crispy Chicken Salad Salad, Grilled Chicken Garden Salad, Chicken Caesar	Crispy Chicken Salad Salad, Grilled Chicken Garden Salad, Ham Garden Salad, Southern Berry Salad, Chicken Caesar	Crispy Chicken Salad Salad, Grilled Chicken Garden Salad, Chicken Caesar	Crispy Chicken Salad Salad, Grilled Chicken Garden Salad, Ham Garden Salad, Southern Berry Salad, Chicken Caesar
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On the FLY is a Grab and Go line featuring FRESH menu items.
Other items including milk, fruit, vegetables, and grains will be offered as part of the meal.

Menus may change and are subject to availability.
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ST. MARY'S

	<u>02/21</u>	<u>02/22</u>	<u>02/23</u>	<u>02/24</u>	<u>02/25</u>
Lunch		Soft Taco Tossed Salad Ranch Dressing Refried Beans Apple Slices Pkg	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apple Slices Pkg	BBQ Sandwich Peas Multigrain Sun Chip Tossed Salad Apple Slices Pkg	Corn Dog Broccoli w/Cheese Grape Tomatoes Apple Slices Pkg
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Meals on Wheels	Chicken, Teriyaki Egg Roll Rice, White Oriental Vegetables Dessert	Hamburger Cheese, Slice, American French Fries Baked Beans Dessert	Chicken Strip Panko Dinner Roll Mashed Potatoes Seasoned Green Beans Dessert	BBQ Sandwich Sun Chip Assortment Dessert	Chicken Quesadilla Tossed Salad Broccoli Dessert
Menus may change and are subject to availability.					

WASHINGTON PRE-K CENTER

	<u>02/21</u>	<u>02/22</u>	<u>02/23</u>	<u>02/24</u>	<u>02/25</u>
Lunch	Chicken Patty Sandwich Mexi Beans Apple Slices Pkg	Soft Taco Tossed Salad Ranch Dressing Apple Slices Pkg	Chicken Nuggets Mashed Potatoes Country Gravy Apple Slices Pkg	BBQ Sandwich Green Beans Multigrain Sun Chip Tossed Salad Apple Slices Pkg	Corn Dog Broccoli w/Cheese Apple Slices Pkg

WEST MIDDLE SCHOOL

	<u>02/21</u>	<u>02/22</u>	<u>02/23</u>	<u>02/24</u>	<u>02/25</u>
Lunch	Chicken Patty Sandwich Beef Bean Burrito Cheese Sauce Baby Carrots Ranch Dressing Mexi Beans Apple Slices Pkg	Soft Taco Taco Burger Tossed Salad Ranch Dressing Refried Beans Jello Apple Slices Pkg	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apple Slices Pkg	BBQ Sandwich Steak Fingers Peas Multigrain Sun Chip Tossed Salad Apple Slices Pkg	Corn Dog Broccoli w/Cheese Pineapple Sliced Grape Tomatoes Apple Slices Pkg
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