EAST MID HIGH						
<u>11/01</u>	11/02	<u>11/03</u>	11/04	<u>11/05</u>		
Beef Bean Burrito	Corn Dog	Chicken Leg	Breaded Mini	Pizza Pocket		
Cheese Sauce	Mac & Cheese	Mashed Potatoes	Ravioli	Broccoli w/Cheese		
Chicken Cheese	Mexi Beans	Country Gravy	Pretzel	Grape Tomatoes		
Crispito	Tossed Salad	Green Beans	Cheese Sauce	Dressing, Ranch		
Baby Carrots	Ranch Dressing	Wheat Dinner Roll	Marinara Sauce	Apple Slices Pkg		
Ranch Dressing Refried Beans	Apple Slices Pkg	Apple Slices Pkg	California Blend Veggies			
			Tossed Salad			
Tappie sinces ring			Apple Slices Pkg			
	Beef Bean Burrito Cheese Sauce Chicken Cheese Crispito Baby Carrots Ranch Dressing Refried Beans Apple Slices Pkg	Beef Bean Burrito Cheese Sauce Chicken Cheese Crispito Baby Carrots Ranch Dressing Refried Beans Apple Slices Pkg  Corn Dog Mac & Cheese Mexi Beans Tossed Salad Ranch Dressing Apple Slices Pkg	Beef Bean Burrito Cheese Sauce Chicken Cheese Chicken Cheese Crispito Baby Carrots Ranch Dressing Refried Beans Apple Slices Pkg  Country Gravy Green Beans Wheat Dinner Roll Apple Slices Pkg  Apple Slices Pkg	Beef Bean Burrito Cheese Sauce Chicken Cheese Crispito Baby Carrots Ranch Dressing Refried Beans Apple Slices Pkg Apple Slices Pkg  Corn Dog Chicken Leg Mashed Potatoes Mashed Potatoes Country Gravy Country Gravy Crispito Green Beans Wheat Dinner Roll Apple Slices Pkg Apple Slices Pkg California Blend Veggies Tossed Salad		

we offer Assorted	Salads, S	Sandwiches,	100% Juice,	and Mill	k every day!!	

	ELEMENTARY SCHOOLS							
	<u>11/01</u>	<u>11/02</u>	<u>11/03</u>	<u>11/04</u>	<u>11/05</u>			
Lunch	Beef Bean Burrito	Corn Dog	Chicken Leg	Breaded Mini	Pizza Pocket			
	Cheese Sauce	Mexi Beans	Mashed Potatoes	Ravioli	Broccoli w/Cheese			
	Baby Carrots	Tossed Salad	Country Gravy	Marinara Sauce	Grape Tomatoes			
	Ranch Dressing	Ranch Dressing	Green Beans	California Blend	Dressing, Ranch			
	Refried Beans	Apple Slices Pkg	Wheat Dinner Roll	Veggies	Apple Slices Pkg			
	Apple Slices Pkg		Apple Slices Pkg	Tossed Salad				
	11 8		31	Apple Slices Pkg				
	We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!							

	PONCA CITY HIGH SCHOOL						
	<u>11/01</u>	<u>11/02</u>	<u>11/03</u>	11/04	<u>11/05</u>		
Retro	Bar, Byo Baked Potato Bread Stick Broccoli w/Cheese Baby Carrots Fresh Fruit	Hamburger Cheese, Slice, American French Fries Baby Carrots Baked Beans Fresh Fruit Tossed Salad	Chicken Strip Panko Dinner Roll Mashed Potatoes Seasoned Green Beans Fresh Fruit	Chicken Patty Sandwich Cheese, Slice, American Bacon Broccoli w/Cheese Sweet Potato Fries Fresh Fruit Tossed Salad	Pizza, Assorted Tossed Salad Corn Jello Fresh Fruit		
CHIX	Chicken Chunk Dinner Roll French Fries Fruit, Fresh Assorted	Popcorn Smackers Calzone French Fries Dinner Roll Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Fruit, Fresh Assorted	Chicken Chunk French Fries Dinner Roll Fruit, Fresh Assorted		
My Way	Mexican Kiosk Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Mexi Beans Salsa, Fresh Pico de Gallo Cheese, Shredcheddar Lettuce, Shredded Tortilla, Fried Bowl Italian/Sub/Asian Kiosk Tangerine Chicken Thai Chicken Pasta Noodles	Mexican Kiosk Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice Italian/Sub/Asian Kiosk Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub Sandwich, Spicy Sub Sandwich, Submarine Hoggie	Mexican Kiosk Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat	Mexican Kiosk Taco Bar Mexi Beans Mexi Rice Italian/Sub/Asian Kiosk Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub Sandwich, Spicy Sub Sandwich, Spicy Sub Sandwich, Submarine Hoggie	Mexican Kiosk Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat Italian/Sub/Asian Kiosk Salad, Chicken Caesar Chicken Alfredo with a Twist Pasta Noodles		

MY WAY CAFE is a concept that allows STUDENTS to BUILD their OWN combinations!

PONCA CITY HIGH SCHOOL (CONTINUED)							
On the Fly	Crispy Chicken	Crispy Chicken	Crispy Chicken	Crispy Chicken	Crispy Chicken		
	Salad	Salad	Salad	Salad	Salad		
	Salad, Grilled	Salad, Grilled	Salad, Grilled	Salad, Grilled	Salad, Grilled		
	Chicken Garden	Chicken Garden	Chicken Garden	Chicken Garden	Chicken Garden		
	Salad, Ham	Salad, Chicken	Salad, Ham	Salad, Chicken	Salad, Ham		
	Garden	Caesar	Garden	Caesar	Garden		
	Salad, Southern Berry		Salad, Southern Berry		Salad, Southern Berry		
	Salad, Chicken Caesar		Salad, Chicken Caesar		Salad, Chicken Caesar		

On the FLY is a Grab and Go line featuring FRESH menu items. Other items including milk, fruit, vegetables, and grains will be offered as part of the meal.

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

	ST. MARY'S							
	<u>11/01</u>	<u>11/02</u>	11/03	11/04	<u>11/05</u>			
Lunch	Beef Bean Burrito Cheese Sauce Baby Carrots Ranch Dressing Refried Beans Apple Slices Pkg	Corn Dog Mexi Beans Tossed Salad Ranch Dressing Apple Slices Pkg	Chicken Leg Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apple Slices Pkg	Breaded Mini Ravioli Marinara Sauce California Blend Veggies Tossed Salad Apple Slices Pkg	Pizza Pocket Broccoli w/Cheese Grape Tomatoes Dressing, Ranch Apple Slices Pkg			
Meals on Wheels	Chicken Chunks Broccoli w/Cheese Dinner Roll Dessert	Crispy Taco Mexi Rice Refried Beans Dessert	Chicken Strips Green Beans Mashed Potatoes Country Gravy Dinner Roll Dessert	Chicken Patty Sandwich Broccoli w/Cheese Fresh Tossed Salad Dessert	Pizza, Cheese Grape Tomatoes Fresh Tossed Salad Dessert			
	We offer Assort	ed Salads, Sandwich	es, 100% Juice, and I	Milk every day!!				

	WASHINGTON PRE-K CENTER							
	<u>11/01</u> <u>11/02</u> <u>11/03</u> <u>11/04</u> <u>11/05</u>							
Lunch	Beef Bean Burrito Cheese Sauce Baby Carrots Ranch Dressing Apple Slices Pkg	Corn Dog Mexi Beans Apple Slices Pkg	Chicken Leg Mashed Potatoes Country Gravy Apple Slices Pkg	Breaded Mini Ravioli Marinara Sauce Tossed Salad Apple Slices Pkg	Pizza Pocket Broccoli w/Cheese Apple Slices Pkg			

	WEST MIDDLE SCHOOL						
	<u>11/01</u>	<u>11/02</u>	<u>11/03</u>	<u>11/04</u>	<u>11/05</u>		
Lunch	Beef Bean Burrito	Corn Dog	Chicken Leg	Breaded Mini	Pizza Pocket		
	Cheese Sauce	Mac & Cheese	Mashed Potatoes	Ravioli	Broccoli w/Cheese		
	Chicken Cheese	Mexi Beans	Country Gravy	Pretzel	Grape Tomatoes		
	Crispito	Tossed Salad	Green Beans	Cheese Sauce	Dressing, Ranch		
	Baby Carrots	Ranch Dressing	Wheat Dinner Roll	Marinara Sauce	Apple Slices Pkg		
	Ranch Dressing	Apple Slices Pkg	Apple Slices Pkg	California Blend			
	Refried Beans			Veggies			
	Apple Slices Pkg			Tossed Salad			
				Apple Slices Pkg			
	We offer Assort	ed Salads, Sandwich	es, 100% Juice, and I	Milk every day!!	1		