

EAST MID HIGH

	<u>10/11</u>	<u>10/12</u>	<u>10/13</u>	<u>10/14</u>	<u>10/15</u>
Lunch	Rib Patty Sandwich Steak Sandwich Baked Beans Glazed Carrots Dressing, Ranch Apple Slices Pkg	Crispitos, Chicken Chili Cheese Pocket Marinara Sauce Tossed Salad Refried Beans Apple Slices Pkg	Chicken Strip Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apple Slices Pkg	Hot Dog Cheese Pocket Tossed Salad Mixed Vegetables Apple Slices Pkg	
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>10/11</u>	<u>10/12</u>	<u>10/13</u>	<u>10/14</u>	<u>10/15</u>
Lunch	Rib Patty Sandwich Baked Beans Glazed Carrots Dressing, Ranch Apple Slices Pkg	Cheese Pocket Marinara Sauce Tossed Salad Refried Beans Apple Slices Pkg	Chicken Strip Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apple Slices Pkg	Hot Dog Tossed Salad Mixed Vegetables Apple Slices Pkg	
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

PONCA CITY HIGH SCHOOL

	<u>10/11</u>	<u>10/12</u>	<u>10/13</u>	<u>10/14</u>	<u>10/15</u>
Retro	TBA Fresh Fruit	TBA Fresh Fruit	TBA Dinner Roll Mashed Potatoes Seasoned Green Beans Fresh Fruit	TBA Fresh Fruit	
CHIX	Chicken Chunk Dinner Roll French Fries Fruit, Fresh Assorted	Popcorn Smackers Calzone French Fries Dinner Roll Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Fruit, Fresh Assorted	
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Mexi Beans Salsa, Fresh Pico de Gallo Cheese, Shredcheddar Lettuce, Shredded Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Tangerine Chicken Thai Chicken Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub Sandwich, Spicy Sub Sandwich, Submarine Hoggie	<u>Mexican Kiosk</u> Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick	<u>Mexican Kiosk</u> Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub Sandwich, Spicy Sub Sandwich, Submarine Hoggie	

MY WAY CAFE is a concept that allows STUDENTS to BUILD their OWN combinations!

PONCA CITY HIGH SCHOOL (CONTINUED)

On the Fly	Crispy Chicken Salad Salad, Grilled Chicken Garden Salad, Ham Garden Salad, Southern Berry Salad, Chicken Caesar	Crispy Chicken Salad Salad, Grilled Chicken Garden Salad, Chicken Caesar	Crispy Chicken Salad Salad, Grilled Chicken Garden Salad, Ham Garden Salad, Southern Berry Salad, Chicken Caesar	Crispy Chicken Salad Salad, Grilled Chicken Garden Salad, Chicken Caesar	
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On the FLY is a Grab and Go line featuring FRESH menu items.
Other items including milk, fruit, vegetables, and grains will be offered as part of the meal.

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ST. MARY'S

	<u>10/11</u>	<u>10/12</u>	<u>10/13</u>	<u>10/14</u>	<u>10/15</u>
Lunch	Rib Patty Sandwich Baked Beans Glazed Carrots Dressing, Ranch Apple Slices Pkg	Cheese Pocket Marinara Sauce Tossed Salad Refried Beans Apple Slices Pkg	Chicken Strip Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apple Slices Pkg	Hot Dog Tossed Salad Mixed Vegetables Apple Slices Pkg	
Meals on Wheels	Steak, Chicken Fried Mashed Potatoes Tossed Salad Dessert	Hamburger Cheese, Slice, American French Fries Baked Beans Dessert	Chicken Strip Panko Dinner Roll Mashed Potatoes Seasoned Green Beans Dessert	Chicken Patty Sandwich French Fries Tossed Salad Dessert	

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WASHINGTON PRE-K CENTER

	<u>10/11</u>	<u>10/12</u>	<u>10/13</u>	<u>10/14</u>	<u>10/15</u>
Lunch	Rib Patty Sandwich Baked Beans Apple Slices Pkg	Cheese Pocket Tossed Salad Ranch Dressing Apple Slices Pkg	Chicken Strip Mashed Potatoes Country Gravy Apple Slices Pkg	Hot Dog Mixed Vegetables Apple Slices Pkg	

WEST MIDDLE SCHOOL

	<u>10/11</u>	<u>10/12</u>	<u>10/13</u>	<u>10/14</u>	<u>10/15</u>
Lunch	Rib Patty Sandwich Steak Fingers Baked Beans Glazed Carrots Dressing, Ranch Apple Slices Pkg	Cheese Pocket Crispitos, Chicken Chili Marinara Sauce Tossed Salad Refried Beans Apple Slices Pkg	Chicken Strip Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Apple Slices Pkg	Hot Dog Cheese Pocket Marinara Sauce Tossed Salad Mixed Vegetables Apple Slices Pkg	

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!