

EAST MID HIGH

	<u>08/16</u>	<u>08/17</u>	<u>08/18</u>	<u>08/19</u>	<u>08/20</u>
Lunch			Chicken Strips Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll	Cheese Pocket Chicken Wrap Marinara Sauce Tossed Salad Ranch Dressing Italian Vegetables	Pizza, Cheese Baby Carrots Ranch Dressing Corn
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

ELEMENTARY SCHOOLS

	<u>08/16</u>	<u>08/17</u>	<u>08/18</u>	<u>08/19</u>	<u>08/20</u>
Lunch			Chicken Strips Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Mixed Fruit	Cheese Pocket Marinara Sauce Tossed Salad Ranch Dressing Italian Vegetables Mixed Fruit	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Mixed Fruit
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

PONCA CITY HIGH SCHOOL

	<u>08/16</u>	<u>08/17</u>	<u>08/18</u>	<u>08/19</u>	<u>08/20</u>
Retro			Chicken Strip Panko Dinner Roll Mashed Potatoes Seasoned Green Beans Fresh Fruit	Hamburger Cheese, Slice, American French Fries Baby Carrots Baked Beans Fresh Fruit	Pizza, Assorted Pasta Salad Baby Carrots Tossed Salad Fresh Fruit
CHIX			Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Fruit, Fresh Assorted	Chicken Chunk Dinner Roll Fruit, Fresh Assorted
My Way			<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12” Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles	<u>Mexican Kiosk</u> Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3” Sub Wg Sandwich, Ham Sub Sandwich Rb Sub Sandwich, Spicy Sub Sandwich, Submarine Hoggie	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12” Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ST. MARY'S

	<u>08/16</u>	<u>08/17</u>	<u>08/18</u>	<u>08/19</u>	<u>08/20</u>
Lunch			Chicken Strips Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Mixed Fruit	Cheese Pocket Marinara Sauce Tossed Salad Ranch Dressing Italian Vegetables Mixed Fruit	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Mixed Fruit
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					

WASHINGTON PRE-K CENTER

	<u>08/16</u>	<u>08/17</u>	<u>08/18</u>	<u>08/19</u>	<u>08/20</u>
Lunch			Chicken Strips Mashed Potatoes Country Gravy Mixed Fruit	Cheese Pocket Marinara Sauce Tossed Salad Ranch Dressing Mixed Fruit	Pepperoni Pizza Baby Carrots Ranch Dressing Mixed Fruit

WEST MIDDLE SCHOOL

	<u>08/16</u>	<u>08/17</u>	<u>08/18</u>	<u>08/19</u>	<u>08/20</u>
Lunch			Chicken Strips Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Mixed Fruit	Cheese Pocket Marinara Sauce Chicken Wrap Tossed Salad Ranch Dressing Italian Vegetables Mixed Fruit	Pepperoni Pizza Baby Carrots Ranch Dressing Corn Mixed Fruit
Meals on Wheels	Italian Vegetables Fresh Tossed Salad Vanilla Pudding Snack	Beef Stir-Fry Rice, White Broccoli Tossed Salad Dessert	Chicken Strip Green Beans Mashed Potatoes Country Gravy Dinner Roll Ice Cream Cup	Soft Taco Refried Beans Mexi Rice Tossed Salad Dessert	Pepperoni Pizza California Blend Veggies Tossed Salad Cherry Tomatoes Jello
We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!					