

EAST MID HIGH

	<u>03/01</u>	<u>03/02</u>	<u>03/03</u>	<u>03/04</u>	<u>03/05</u>
Lunch	Chicken Patty Sandwich Bean Burrito Cheese Sauce Tossed Salad Baby Carrots Mexi Beans Peaches, Sliced	Steak Fingers Cheese Enchilada Oven Fry Wedges Tossed Salad Peaches, Sliced	Chicken Strips Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Peaches, Sliced	BBQ Sandwich Tossed Salad Ranch Beans Peaches, Sliced	Pizza, Cheese Pizza, Pepperoni Tossed Salad Grape Tomatoes Peaches, Sliced

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ELEMENTARY SCHOOLS

	<u>03/01</u>	<u>03/02</u>	<u>03/03</u>	<u>03/04</u>	<u>03/05</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Peaches, Sliced	Steak Fingers Tossed Salad Potato Wedge Peaches, Sliced Jello	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Peaches, Sliced	BBQ Sandwich Ranch Beans Tossed Salad Biscuit Peaches, Sliced	Cheese Pocket Marinara Sauce Broccoli Grape Tomatoes Peaches, Sliced

We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

PONCA CITY HIGH SCHOOL

	<u>03/01</u>	<u>03/02</u>	<u>03/03</u>	<u>03/04</u>	<u>03/05</u>
Retro	BBQ Sandwich Tossed Salad Grape Tomatoes Pasta Salad Fruit, Fresh Assorted	Cheeseburger French Fries Baby Carrots Baked Beans (Vegetarian) Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted Chicken Patty Sandwich	Rib Dippers Dinner Roll Sweet Potato Fries Baby Carrots Fruit, Fresh Assorted	Pizza, Artisan Italian Sausage Tossed Salad Chocolate Brownie Corn Fruit, Fresh Assorted
CHIX	Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Wings Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist

PONCA CITY HIGH SCHOOL (CONTINUED)

On the Fly	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted
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We offer Assorted Salads, Sandwiches, 100% Juice, and Milk every day!!

ST. MARY'S

	<u>03/01</u>	<u>03/02</u>	<u>03/03</u>	<u>03/04</u>	<u>03/05</u>
Lunch	Chicken Patty Sandwich Mexi Beans Baby Carrots Peaches, Sliced	Steak Fingers Tossed Salad Oven Fry Wedges Peaches, Sliced Apple Slices Pkg	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Peaches, Sliced	BBQ Sandwich Tossed Salad Ranch Beans Peaches, Sliced	Stuffed Crust Pizza Marinara Sauce Grape Tomatoes Broccoli w/Cheese Peaches, Sliced
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WASHINGTON PRE-K CENTER

	<u>03/01</u>	<u>03/02</u>	<u>03/03</u>	<u>03/04</u>	<u>03/05</u>
Lunch	Chicken Patty Sandwich Mexi Beans Peaches, Sliced	Steak Fingers Oven Fry Wedges Peaches, Sliced	Chicken Nuggets Mashed Potatoes Country Gravy Peaches, Sliced	BBQ Sandwich Ranch Beans Peaches, Sliced	Cheese Pocket Marinara Sauce Grape Tomatoes Peaches, Sliced

WEST MIDDLE SCHOOL

	<u>03/01</u>	<u>03/02</u>	<u>03/03</u>	<u>03/04</u>	<u>03/05</u>
Lunch	Chicken Patty Sandwich Beef Bean Burrito Cheese Sauce Mexi Beans Baby Carrots Peaches, Sliced	Steak Fingers Cheese Enchilada Tossed Salad Potato Wedge Jello Peaches, Sliced	Chicken Nuggets Mashed Potatoes Country Gravy Green Beans Wheat Dinner Roll Peaches, Sliced	BBQ Sandwich Tossed Salad Ranch Beans Peaches, Sliced	Cheese Pocket Marinara Sauce Broccoli Grape Tomatoes Peaches, Sliced
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