

EAST MID HIGH

| | <u>02/15</u> | <u>02/16</u> | <u>02/17</u> | <u>02/18</u> | <u>02/19</u> |
|--------------|---|---|---|---|---|
| Lunch | Mini Corn Dogs Carrot Sticks Baked Beans Mixed Fruit | Mac & Cheese Tossed Salad Peas Mixed Fruit | Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Mixed Fruit | Chicken Wrap Pepperoni Pinwheel Tossed Salad Ranch Beans Mixed Fruit | Cheese Pocket Marinara Sauce Broccoli w/Cheese Grape Tomatoes Mixed Fruit |

ELEMENTARY SCHOOLS

| | <u>02/15</u> | <u>02/16</u> | <u>02/17</u> | <u>02/18</u> | <u>02/19</u> |
|--------------|---|---|---|---|---|
| Lunch | Mini Corn Dogs Baked Beans Carrot Sticks Mixed Fruit | Mac & Cheese Tossed Salad Peas Mixed Fruit | Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Mixed Fruit | Pepperoni Pinwheel Tossed Salad Ranch Beans Mixed Fruit | Cheese Pocket Marinara Sauce Broccoli w/Cheese Mixed Fruit |

PONCA CITY HIGH SCHOOL

| | <u>02/15</u> | <u>02/16</u> | <u>02/17</u> | <u>02/18</u> | <u>02/19</u> |
|---------------|---|--|---|---|---|
| Retro | Breaded Mini Ravioli Marinara Sauce California Blend Veggies Tossed Salad Grape Tomatoes Fruit, Fresh Assorted | Cheeseburger French Fries Baked Bean (Vegetarian) Tossed Salad Fruit, Fresh Assorted | Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted | Rib Patty Sandwich Corn Baked Beans Fruit, Fresh Assorted | Fish Fillet Tossed Salad Pasta Salad Baby Carrots Fruit, Fresh Assorted Brownie, Chocolate |
| CHIX | Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted | Popcorn Smackers Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted | Chicken Strips Mashed Potatoes Green Beans Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted | Chicken Buffalo Chunk French Fries Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted | Chicken Wings Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted |
| My Way | <u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken | <u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub | <u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles | <u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub | <u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist |

PONCA CITY HIGH SCHOOL (CONTINUED)

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| On the Fly | Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted | Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted | Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted | Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted | Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted |
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ST. MARY'S

| | <u>02/15</u> | <u>02/16</u> | <u>02/17</u> | <u>02/18</u> | <u>02/19</u> |
|--------------|--------------|---|---|---|---|
| Lunch | | Mac & Cheese Tossed Salad Peas Mixed Fruit | Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Mixed Fruit | Pepperoni Pinwheel Tossed Salad Ranch Beans Mixed Fruit | Cheese Pocket Marinara Sauce Grape Tomatoes Broccoli w/Cheese Mixed Fruit |

WASHINGTON PRE-K CENTER

| | <u>02/15</u> | <u>02/16</u> | <u>02/17</u> | <u>02/18</u> | <u>02/19</u> |
|--------------|--|---|--|---|---|
| Lunch | Mini Corn Dogs Carrot Sticks Mixed Fruit | Mac & Cheese Tossed Salad Mixed Fruit | Popcorn Chicken Mashed Potatoes Country Gravy Mixed Fruit | Pepperoni Pinwheel Tossed Salad Ranch Beans Mixed Fruit | Cheese Pocket Marinara Sauce Broccoli w/Cheese Mixed Fruit |

WEST MIDDLE SCHOOL

| | <u>02/15</u> | <u>02/16</u> | <u>02/17</u> | <u>02/18</u> | <u>02/19</u> |
|--------------|--|---|---|---|---|
| Lunch | Mini Corn Dogs Rib Patty Sandwich Carrot Sticks Baked Beans Mixed Fruit | Mac & Cheese Tossed Salad Peas Mixed Fruit | Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Mixed Fruit | Pepperoni Pinwheel Chicken Wrap Tossed Salad Ranch Beans Mixed Fruit | Cheese Pocket Marinara Sauce Broccoli w/Cheese Mixed Fruit |