

EAST MID HIGH

	<u>01/04</u>	<u>01/05</u>	<u>01/06</u>	<u>01/07</u>	<u>01/08</u>
Lunch	Sandwich, Turkey Ham Turkey Sandwich Salad, Ham Chef Salad, Turkey Chef Salad, Yogurt/Seasonal Mozz	Mac & Cheese Tossed Salad Peas Cinnamon Applesauce	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Cinnamon Applesauce	Chicken Wrap Cheese Pocket Marinara Sauce Tossed Salad Ranch Beans Cinnamon Applesauce	Pizza, Cheese Pepperoni Pizza Corn Grape Tomatoes Broccoli w/Cheese Cinnamon Applesauce

ELEMENTARY SCHOOLS

	<u>01/04</u>	<u>01/05</u>	<u>01/06</u>	<u>01/07</u>	<u>01/08</u>
Lunch		Mac & Cheese Tossed Salad Peas Apples Cinnamon Slices	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apples Cinnamon Slices	Cheese Pocket Tossed Salad Ranch Beans Apples Cinnamon Slices	Pepperoni Pinwheel Broccoli w/Cheese Grape Tomatoes Apples Cinnamon Slices

PONCA CITY HIGH SCHOOL

	<u>01/04</u>	<u>01/05</u>	<u>01/06</u>	<u>01/07</u>	<u>01/08</u>
Retro	Sandwich, Turk/Ham/Ch Sandwich, Tuna Salad Sandwich, Ww Assortment Sandwich, Chicken Salad Crispy Chicken Salad Salad, Garden Chef w/Egg Salad, Ham Chef	Cheeseburger French fries Baked Beans (Vegetarian) Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Rib Patty Sandwich Corn Pasta Salad Fruit, Fresh Assorted Baked Beans (Vegetarian)	Nachos Meat & Cheese Refried Beans Tossed Salad Fruit, Fresh Assorted Brownie, Chocolate
CHIX	Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Wings Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice -----	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12” Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice -----	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12” Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat -----

	<u>Italian/Sub/Asian Kiosk</u>	<u>Italian/Sub/Asian Kiosk</u>	<u>Italian/Sub/Asian Kiosk</u>	<u>Italian/Sub/Asian Kiosk</u>	<u>Italian/Sub/Asian Kiosk</u>
	Lemongrass Chicken Tangerine Chicken	Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub	Chicken Alfredo with a Twist Pasta Noodles	Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub	Salad, Chicken Caesar Chicken Alfredo with a Twist
On the Fly	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

ST. MARY'S

	<u>01/04</u>	<u>01/05</u>	<u>01/06</u>	<u>01/07</u>	<u>01/08</u>
Lunch	Sandwich, Turkey Ham Turkey Sandwich Salad, Ham Chef Salad, Turkey Chef Salad, Yogurt/Seasonal Mozz	Mac & Cheese Tossed Salad Peas Apples Cinnamon Slices	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apples Cinnamon Slices	Cheese Pocket Marinara Sauce Tossed Salad Ranch Beans Apples Cinnamon Slices	Pepperoni Pinwheel Broccoli w/Cheese Grape Tomatoes Apples Cinnamon Slices

WASHINGTON PRE-K CENTER

	<u>01/04</u>	<u>01/05</u>	<u>01/06</u>	<u>01/07</u>	<u>01/08</u>
Lunch		Mac & Cheese Tossed Salad Apples Cinnamon Slices	Popcorn Chicken Mashed Potatoes Country Gravy Apples Cinnamon Slices	Cheese Pocket Marinara Sauce Tossed Salad Apples Cinnamon Slices	Pepperoni Pinwheel Broccoli w/Cheese Apples Cinnamon Slices

WEST MIDDLE SCHOOL

	<u>01/04</u>	<u>01/05</u>	<u>01/06</u>	<u>01/07</u>	<u>01/08</u>
Lunch	Sandwich, Turkey Ham Turkey Sandwich Salad, Ham Chef Salad, Turkey Chef Salad, Yogurt/Seasonal Mozz	Mac & Cheese Tossed Salad Peas Apples Cinnamon Slices	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apples Cinnamon Slices	Chicken Wrap Cheese Pocket Marinara Sauce Tossed Salad Ranch Beans Apples Cinnamon Slices	Pepperoni Pinwheel Broccoli w/Cheese Grape Tomatoes Apples Cinnamon Slices