

EAST MID HIGH

	<u>02/01</u>	<u>02/02</u>	<u>02/03</u>	<u>02/04</u>	<u>02/05</u>
Lunch	Breaded Mini Ravioli Marinara Sauce Chicken Wrap Cherry Tomatoes California Blend Veggies Blueberries, Fresh	Cheese Enchilada Crispy Taco Tossed Salad Mexi Beans Mexi Rice Blueberries, Fresh	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Blueberries, Fresh	Cheese Lasagna Chicken Leg Tossed Salad Glazed Carrots Blueberries, Fresh	Artisan Cheese Pizza Pepperoni Pizza Broccoli Dressing, Ranch Grape Tomatoes Blueberries, Fresh

ELEMENTARY SCHOOLS

	<u>02/01</u>	<u>02/02</u>	<u>02/03</u>	<u>02/04</u>	<u>02/05</u>
Lunch	Breaded Mini Ravioli Marinara Sauce Cherry Tomatoes California Blend Veggies Blueberries, Fresh	Cheese Enchilada Tossed Salad Mexi Beans Mexi Rice Blueberries, Fresh	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Blueberries, Fresh	Cheese Lasagna Tossed Salad Glazed Carrots Blueberries, Fresh	Pepperoni Pizza Cherry Tomatoes Broccoli w/Cheese Blueberries, Fresh

PONCA CITY HIGH SCHOOL

	<u>02/01</u>	<u>02/02</u>	<u>02/03</u>	<u>02/04</u>	<u>02/05</u>
Retro	Ravioli Bread Stick Tossed Salad Broccoli Fruit, Fresh Assorted	Cheeseburger Baked Beans French Fries Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Salisbury Steak Dinner Roll Steak, Chicken Fried Mashed Potatoes Tossed Salad Fruit, Fresh Assorted	Cheese Pocket Marinara Sauce Ranch Beans Grape Tomatoes Tossed Salad Fruit, Fresh Assorted
CHIX	Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Wings Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist

PONCA CITY HIGH SCHOOL (CONTINUED)

On the Fly	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted
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ST. MARY'S

	<u>02/01</u>	<u>02/02</u>	<u>02/03</u>	<u>02/04</u>	<u>02/05</u>
Lunch	Breaded Mini Ravioli Marinara Sauce Cherry Tomatoes California Blend Veggies Blueberries, Fresh	Cheese Enchilada Tossed Salad Mexi Beans Mexi Rice Blueberries, Fresh	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Blueberries, Fresh	Cheese Lasagna Tossed Salad Glazed Carrots Blueberries, Fresh	BBQ Sandwich Broccoli w/Cheese Grape Tomatoes Blueberries, Fresh Chocolate Chip Bar

WASHINGTON PRE-K CENTER

	<u>02/01</u>	<u>02/02</u>	<u>02/03</u>	<u>02/04</u>	<u>02/05</u>
Lunch	Breaded Mini Ravioli Marinara Sauce California Blend Veggies Blueberries, Fresh	Cheese Enchilada Mexi Beans Blueberries, Fresh	Chicken Nuggets Mashed Potatoes Country Gravy Blueberries, Fresh	Cheese Lasagna Glazed Carrots Blueberries, Fresh	BBQ Sandwich Broccoli w/Cheese Chocolate Chip Bar Blueberries, Fresh

WEST MIDDLE SCHOOL

	<u>02/01</u>	<u>02/02</u>	<u>02/03</u>	<u>02/04</u>	<u>02/05</u>
Lunch	Breaded Mini Ravioli Marinara Sauce Chicken Wrap Cherry Tomatoes California Blend Veggies Blueberries, Fresh	Cheese Enchilada Crispy Taco Tossed Salad Mexi Beans Mexi Rice Blueberries, Fresh	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Blueberries, Fresh	Cheese Lasagna BBQ Sandwich Tossed Salad Glazed Carrots Blueberries, Fresh	Pepperoni Pizza Broccoli w/Cheese Cherry Tomatoes Blueberries, Fresh Chocolate Chip Bar