

EAST MID HIGH

	<u>01/11</u>	<u>01/12</u>	<u>01/13</u>	<u>01/14</u>	<u>01/15</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Baked Beans Apple Slices Pkg	Nachos Meat & Cheese Beef Taco Stick Refried Beans Tossed Salad Glazed Carrots Apple Slices Pkg	Chicken Strip Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Rib Dippers Biscuit Tossed Salad Glazed Carrots Apple Slices Pkg	Pizza, Cheese Pepperoni Pizza Baby Carrots Corn Apple Slices Pkg

ELEMENTARY SCHOOLS

	<u>01/11</u>	<u>01/12</u>	<u>01/13</u>	<u>01/14</u>	<u>01/15</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Baked Beans Apple Slices Pkg	Nachos Meat & Cheese Refried Beans Tossed Salad Apple Slices Pkg	Chicken Leg Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Rib Dippers Biscuit Tossed Salad Glazed Carrots Apple Slices Pkg	Pepperoni Pizza Wedge Baby Carrots Corn Apple Slices Pkg

PONCA CITY HIGH SCHOOL

	<u>01/11</u>	<u>01/12</u>	<u>01/13</u>	<u>01/14</u>	<u>01/15</u>
Retro	Pasta Noodles Marinara Sauce California Blend Veggies Tossed Salad Fruit, Fresh Assorted	Cheeseburger Baked Beans French Fries Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Cheese Pocket Marinara Sauce Broccoli w/Cheese Tossed Salad Grape Tomatoes Fruit, Fresh Assorted Brownie, Butterscotch	Pizza, Assorted Tossed Salad Corn Jello Fruit, Fresh Assorted
CHIX	Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Wings Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist

PONCA CITY HIGH SCHOOL (CONTINUED)

<p>On the Fly</p>	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted
--------------------------	---	---	--	---	--

ST. MARY'S

	<u>01/11</u>	<u>01/12</u>	<u>01/13</u>	<u>01/14</u>	<u>01/15</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Baked Beans Apple Slices Pkg	Nachos Meat & Cheese Refried Beans Tossed Salad Apple Slices Pkg	Chicken Leg Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Rib Dippers Biscuit Tossed Salad Glazed Carrots Apple Slices Pkg	Bosco Stick Marinara Sauce Baby Carrots Corn Apple Slices Pkg

WASHINGTON PRE-K CENTER

	<u>01/11</u>	<u>01/12</u>	<u>01/13</u>	<u>01/14</u>	<u>01/15</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Apple Slices Pkg	Nachos Meat & Cheese Tossed Salad Apple Slices Pkg	Chicken Leg Mashed Potatoes Country Gravy Apple Slices Pkg	Rib Dippers Biscuit Glazed Carrots Apple Slices Pkg	Bosco Stick Marinara Sauce Corn Apple Slices Pkg

WEST MIDDLE SCHOOL

	<u>01/11</u>	<u>01/12</u>	<u>01/13</u>	<u>01/14</u>	<u>01/15</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Baked Beans Apple Slices Pkg	Nachos Meat & Cheese Beef Taco Stick Tossed Salad Glazed Carrots Apple Slices Pkg	Chicken Leg Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Rib Dippers Biscuit Bosco Stick Marinara Sauce Glazed Carrots Tossed Salad Apple Slices Pkg	Pepperoni Pizza Wedge Baby Carrots Corn Apple Slices Pkg