

EAST MID HIGH

	<u>11/16</u>	<u>11/17</u>	<u>11/18</u>	<u>11/19</u>	<u>11/20</u>
Lunch	Mini Corn Dogs Rib Patty Sandwich Carrot Sticks Baked Beans Apples Cinnamon Slices	Mac & Cheese Nachos Meat & Cheese Tossed Salad Peas Apples Cinnamon Slices	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apples Cinnamon Slices	Turkey Roast Dressing, Cornbread Tossed Salad Corn Apples Cinnamon Slices	Pepperoni Pizza Wedge Corn Apples Cinnamon Slices

ELEMENTARY SCHOOLS

	<u>11/16</u>	<u>11/17</u>	<u>11/18</u>	<u>11/19</u>	<u>11/20</u>
Lunch	Mini Corn Dogs Carrot Sticks Baked Beans Sliced Apples w/Cinnamon	Mac & Cheese Tossed Salad Peas Sliced Apples w/Cinnamon	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Sliced Apples w/Cinnamon	Cheese Bites Marinara Sauce Tossed Salad Ranch Beans Sliced Apples w/Cinnamon	Pepperoni Pizza Wedge Corn Sliced Apples w/Cinnamon

PONCA CITY HIGH SCHOOL

	<u>11/16</u>	<u>11/17</u>	<u>11/18</u>	<u>11/19</u>	<u>11/20</u>
Retro	Cheese Bites Marinara Sauce Broccoli w/Cheese Tossed Salad Grape Tomatoes Fruit, Fresh Assorted	Cheeseburger French Fries Baked Beans (Vegetarian) Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Turkey Roast Dressing, Cornbread Corn Apple Crisp Fruit, Fresh Assorted	Nachos Meat & Cheese Mexi Beans Tossed Salad Fruit, Fresh Assorted Brownie, Chocolate
CHIX	Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Wings Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist

On the Fly	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted
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ST. MARY'S

	<u>11/16</u>	<u>11/17</u>	<u>11/18</u>	<u>11/19</u>	<u>11/20</u>
Lunch	Mini Corn Dogs Carrot Sticks Baked Beans Apples Cinnamon Slices	Mac & Cheese Tossed Salad Peas Apples Cinnamon Slices	Popcorn Smackers Mashed Potatoes Green Beans Dinner Roll Apples Cinnamon Slices	Tangerine Chicken Rice, White Oriental Vegetables Cherry Tomatoes Apples Cinnamon Slices	Pepperoni Pinwheel Broccoli w/Cheese Cherry Tomatoes Apples Cinnamon Slices

WASHINGTON PRE-K CENTER

	<u>11/16</u>	<u>11/17</u>	<u>11/18</u>	<u>11/19</u>	<u>11/20</u>
Lunch	Mini Corn Dogs Carrot Sticks Apples Cinnamon Slices	Mac & Cheese Tossed Salad Apples Cinnamon Slices	Popcorn Chicken Mashed Potatoes Dinner Roll Apples Cinnamon Slices	Tangerine Chicken Oriental Vegetables Rice, White Apples Cinnamon Slices	Pepperoni Pizza Wedge Broccoli w/Cheese Apples Cinnamon Slices

WEST MIDDLE SCHOOL

	<u>11/16</u>	<u>11/17</u>	<u>11/18</u>	<u>11/19</u>	<u>11/20</u>
Lunch	Mini Corn Dogs Rib Patty Sandwich Carrot Sticks Baked Beans Apples Cinnamon Slices	Mac & Cheese Nachos Meat & Cheese Tossed Salad Peas Apples Cinnamon Slices	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Apples Cinnamon Slices	Tangerine Chicken Mini Twin Cheeseburger Cherry Tomatoes Apples Cinnamon Slices	Pepperoni Pizza Wedge Corn Apples Cinnamon Slices