

EAST MID HIGH

	<u>10/26</u>	<u>10/27</u>	<u>10/28</u>	<u>10/29</u>	<u>10/30</u>
Lunch	Pepperoni Pizza Wedge Rib Patty Sandwich Baked Beans Glazed Carrots Peaches, Sliced	Soft Taco Hot Dog Tossed Salad Refried Beans Peaches, Sliced	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Peaches, Sliced	BBQ Sandwich Grilled Cheese Sandwich Carrot Sticks Potato Crispwedge Tossed Salad Peaches, Sliced	Bosco Stick Marinara Sauce Chicken Parmesan Corn Jello Peaches, Sliced

ELEMENTARY SCHOOLS

	<u>10/26</u>	<u>10/27</u>	<u>10/28</u>	<u>10/29</u>	<u>10/30</u>
Lunch	Rib Patty Sandwich Baked Beans Glazed Carrots Blueberries, Fresh	Soft Taco Refried Beans Tossed Salad Blueberries, Fresh	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Blueberries, Fresh	BBQ Sandwich Carrot Sticks Potato Crispwedge Tossed Salad Blueberries, Fresh	Cheese Bites Marinara Sauce Corn Cherry Tomatoes Blueberries, Fresh Sugar Cookie

PONCA CITY HIGH SCHOOL

	<u>10/26</u>	<u>10/27</u>	<u>10/28</u>	<u>10/29</u>	<u>10/30</u>
Retro	Steak Finger Dinner Roll Mashed Potatoes Tossed Salad Broccoli Fruit, Fresh Assorted	Cheeseburger French Fries Baked Beans (Vegetarian) Tossed Salad Fruit, Fresh Assorted	Chickn Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Rib Dippers Sweet Potato Fries Dinner Roll Broccoli Salad Fruit, Fresh Assorted	Frito Chili Pie Mexi Beans Tossed Salad Jello Grape Tomatoes Fruit, Fresh Assorted
CHIX	Chicken Wings French Fries Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Popcorn Smackers Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Buffalo Chunk French Fries Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted	Chicken Wings Dinner Roll Tossed Salad Baby Carrots Cucumber Salad Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork Season Cuban Tortilla, Fried Bowl ----- <u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich, Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Sandwich, Combo 3" Sub Wg Sandwich, Ham Sub Sandwich Rb Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla, Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat ----- <u>Italian/Sub/Asian Kiosk</u> Salad, Chicken Caesar Chicken Alfredo with a Twist

On the Fly	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pinwheel Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Pepperoni Pizza Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted
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ST. MARY'S

	<u>10/26</u>	<u>10/27</u>	<u>10/28</u>	<u>10/29</u>	<u>10/30</u>
Lunch	Rib Patty Sandwich Baked Beans Glazed Carrots Peaches, Sliced	Soft Taco Refried Beans Tossed Salad Peaches, Sliced	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Peaches, Sliced	BBQ Sandwich Tossed Salad Potato Wedge Carrot Sticks Peaches, Sliced	Bosco Stick Marinara Sauce California Blend Veggies Corn Peaches, Sliced

WASHINGTON PRE-K CENTER

	<u>10/26</u>	<u>10/27</u>	<u>10/28</u>	<u>10/29</u>	<u>10/30</u>
Lunch	Rib Patty Sandwich Glazed Carrots Blueberries, Fresh	Soft Taco Refried Beans Blueberries, Fresh	Chicken Strips Mashed Potatoes Blueberries, Fresh	BBQ Sandwich Tossed Salad Blueberries, Fresh	Cheese Bites Marinara Sauce Corn Sugar Cookie Blueberries, Fresh

WEST MIDDLE SCHOOL

	<u>10/26</u>	<u>10/27</u>	<u>10/28</u>	<u>10/29</u>	<u>10/30</u>
Lunch	Rib Patty Sandwich Pepperoni Pizza Baked Beans Glazed Carrots Blueberries, Fresh	Soft Taco Hot Dog Refried Beans Tossed Salad Blueberries, Fresh	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Blueberries, Fresh	BBQ Sandwich Grilled Cheese Sandwich Carrot Sticks Potato Crispwedge Tossed Salad Blueberries, Fresh	Bosco Stick Marinara Sauce Chicken Parmesan Corn Garbonza Bean Salad Sugar Cookie Blueberries, Fresh