

## **EAST MID HIGH**

	<u><b>02/03</b></u>	<u><b>02/04</b></u>	<u><b>02/05</b></u>	<u><b>02/06</b></u>	<u><b>02/07</b></u>
<b>Lunch</b>	Wildcat Burger Mini Corn Dogs Carrot Sticks Baked Beans Tossed Salad Cinnamon Diced Pears	Mac & Cheese Chicken & Waffles Tossed Salad Harvest Cheddar Sun Chip Seasoned Black Beans Cinnamon Diced Pears	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Cinnamon Diced Pears	Tangerine Chicken Brown Rice Pilaf Mini Twin Sliders Mixed Vegetables Cherry Tomatoes Tossed Salad Cinnamon Diced Pears	Artisan Sausage Pizza Italian Vegetables Corn Salad Tossed Salad Cinnamon Diced Pears

## **ELEMENTARY SCHOOLS**

	<u><b>02/03</b></u>	<u><b>02/04</b></u>	<u><b>02/05</b></u>	<u><b>02/06</b></u>	<u><b>02/07</b></u>
<b>Lunch</b>	Wildcat Burger Mini Corn Dogs Carrot Sticks Baked Beans Peaches, Sliced	Mac & Cheese Chicken & Waffles Tossed Salad Harvest Cheddar Sun Chip Seasoned Black Beans Peaches, Sliced	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Peaches, Sliced	Tangerine Chicken Brown Rice Pilaf Mini Twin Sliders Cherry Tomatoes Tossed Salad Peaches, Sliced	Artisan Sausage Pizza Italian Vegetables Corn Salad Peaches, Sliced

# PONCA CITY HIGH SCHOOL

	<u>02/03</u>	<u>02/04</u>	<u>02/05</u>	<u>02/06</u>	<u>02/07</u>
<b>Retro</b>	Lasagna Rollup Meat/Cheese Cheese Sticks Marinara Sauce Cherry Tomatoes Tossed Salad	Cheeseburger Baked Beans Potatoes, Tater Tots Tossed Salad Fruit, Fresh Assorted	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Steak, Chicken Fried BBQ Sandwich Glazed Carrots Harvest Cheddar Sun Chip Potatoes, Tater Tots Chocolate Brownie Tossed Salad Baby Carrots Fruit, Fresh Assorted	Wildcat Burger Sloppy Joe Baked Beans (Vegetarian) Mixed Vegetables Tossed Salad Fruit, Fresh Assorted Chicken & Noodles
<b>CHIX</b>	Pizza, Cheese Pepperoni Pizza Chicken Wings French Fries Fruit, Fresh Assorted	Chicken Chunk Honey BBQ Steak, Chicken Fried Potato Wedge Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Chicken Wings Cheese Stick Bosco French Fries Dinner Roll Fruit, Fresh Assorted	Nacho Bites Potato Wedge Dinner Roll Fruit, Fresh Assorted
<b>My Way</b>	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl  -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice  -----	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat  -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice  -----	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat  -----

	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar
<b>On the Fly</b>	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

## ST. MARY'S

	<u>02/03</u>	<u>02/04</u>	<u>02/05</u>	<u>02/06</u>	<u>02/07</u>
<b>Lunch</b>	Wildcat Burger Mini Corn Dogs Carrot Sticks Baked Beans Peaches, Sliced	Mac & Cheese Chicken & Waffles Tossed Salad Seasoned Black Beans Broccoli Peaches, Sliced	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Peaches, Sliced	Tangerine Chicken Brown Rice Pilaf Mini Twin Sliders Cherry Tomatoes Tossed Salad Peaches, Sliced	Artisan Sausage Pizza Italian Vegetables Corn Salad Peaches, Sliced

## WASHINGTON PRE-K CENTER

	<u>02/03</u>	<u>02/04</u>	<u>02/05</u>	<u>02/06</u>	<u>02/07</u>
<b>Lunch</b>	Mini Corn Dogs Carrot Sticks Ranch Dressing Mixed Fruit	Mac & Cheese Seasoned Black Beans Mixed Fruit	Popcorn Chicken Mashed Potatoes Mixed Fruit	Mini Twin Sliders Green Beans Mixed Fruit	Artisan Sausage Pizza Italian Vegetables Mixed Fruit

## WEST MIDDLE SCHOOL

	<u>02/03</u>	<u>02/04</u>	<u>02/05</u>	<u>02/06</u>	<u>02/07</u>
<b>Lunch</b>	Wildcat Burger Mini Corn Dogs Carrot Sticks Baked Beans Peaches, Sliced	Mac & Cheese Chicken & Waffles Tossed Salad Harvest Cheddar Sun Chip Seasoned Black Beans Peaches, Sliced	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Peaches, Sliced	Tangerine Chicken Brown Rice Pilaf Mini Twin Sliders Cherry Tomatoes Tossed Salad Peaches, Sliced	Artisan Sausage Pizza Italian Vegetables Corn Salad Peaches, Sliced