

EAST MID HIGH

	<u>09/16</u>	<u>09/17</u>	<u>09/18</u>	<u>09/19</u>	<u>09/20</u>
Lunch		Cheese Enchilada Steak Fingers Scalloped Potatoes Tossed Salad Mixed Fruit	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Mixed Fruit	Rib Dippers Chicken Leg Biscuit Tossed Salad California Blend Veggies Mixed Fruit	Cheese Bread Marinara Sauce Seasoned Black Beans Cherry Tomatoes Broccoli, Steamed Tossed Salad Mixed Fruit

ELEMENTARY SCHOOLS

	<u>09/16</u>	<u>09/17</u>	<u>09/18</u>	<u>09/19</u>	<u>09/20</u>
Lunch		Cheese Enchilada Steak Fingers Scalloped Potatoes Tossed Salad Mixed Fruit	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Mixed Fruit	Rib Dippers Chicken Leg Tossed Salad Biscuit California Blend Veggies Mixed Fruit	Cheese Bread Marinara Sauce Broccoli, Steamed Seasoned Black Beans Grape Tomatoes Mixed Fruit

PONCA CITY HIGH SCHOOL

	<u>09/16</u>	<u>09/17</u>	<u>09/18</u>	<u>09/19</u>	<u>09/20</u>
Retro		Cheeseburger French Fries Baked Beans (Vegetarian) Tossed Salad Fruit, Fresh Assorted	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Mac & Cheese Chicken Parmesan Pasta Noodles Alfredo Sauce Garlic Bread Glazed Carrots Fruit, Fresh Assorted	Cheese Quesadilla Bar, Byo Baked Potato Mexi Beans California Blend Veggies Tossed Salad Fruit, Fresh Assorted Brownie, Chocolate
CHIX		Chicken Chunk Honey BBQ Steak, Chicken Fried Potato Wedge Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Chicken Wings Cheese Stick Bosco French Fries Dinner Roll Fruit, Fresh Assorted	Nacho Bites Potato Wedge Dinner Roll Fruit, Fresh Assorted
My Way		<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat
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		<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar
On the Fly		Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

ST. MARY'S

	<u>09/16</u>	<u>09/17</u>	<u>09/18</u>	<u>09/19</u>	<u>09/20</u>
Lunch	Chicken Patty Sandwich Burrito Cheese Sauce Mexi Beans Carrot Sticks Applesauce, Sweet Cinnamon	Cheese Enchilada Steak Fingers Scalloped Potatoes Tossed Salad Applesauce, Sweet Cinnamon	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Applesauce, Sweet Cinnamon	Rib Dippers Chicken Leg Biscuit Tossed Salad California Blend Veggies Applesauce, Sweet Cinnamon	

WASHINGTON PRE-K CENTER

	<u>09/16</u>	<u>09/17</u>	<u>09/18</u>	<u>09/19</u>	<u>09/20</u>
Lunch		Steak Fingers Cherry Tomatoes Mixed Fruit	Chicken Nuggets Mashed Potatoes Mixed Fruit	Rib Dippers Green Beans Dinner Roll Mixed Fruit	Cheese Bread Marinara Sauce Broccoli, Steamed Mixed Fruit

WEST MIDDLE SCHOOL

	<u>09/16</u>	<u>09/17</u>	<u>09/18</u>	<u>09/19</u>	<u>09/20</u>
Lunch		Cheese Enchilada Steak Fingers Scalloped Potatoes Tossed Salad Mixed Fruit	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Mixed Fruit	Rib Dippers Chicken Leg Tossed Salad Biscuit California Blend Veggies Mixed Fruit	Cheese Bread Marinara Sauce Broccoli, Steamed Seasoned Black Beans Cherry Tomatoes Mixed Fruit