

EAST MID HIGH

	<u>09/09</u>	<u>09/10</u>	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Tossed Salad Apple Slices Pkg	Frito Chili Pie Corn Dog Refried Beans Glazed Carrots Tossed Salad Apple Slices Pkg	Chik N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Breadstick Bites Marinara Sauce Lasagna Rollup Italian Vegetables Tossed Salad Apple Slices Pkg	Stuffed Crust Pizza Nacho Bites Corn Carrot Sticks Tossed Salad Apple Slices Pkg

ELEMENTARY SCHOOLS

	<u>09/09</u>	<u>09/10</u>	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Apple Slices Pkg	Frito Chili Pie Corn Dog Refried Beans Glazed Carrots Apple Slices Pkg	Chik N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Breadstick Bites Marinara Sauce Lasagna Rollup Italian Vegetables Tossed Salad Apple Slices Pkg	Stuffed Crust Pizza Nacho Bites Corn Carrot Sticks Apple Slices Pkg

PONCA CITY HIGH SCHOOL

	<u>09/09</u>	<u>09/10</u>	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>
Retro	Pasta Noodles Spaghetti & Meat Sauce Broccoli Bread Stick Mashed Potatoes Tossed Salad Fruit, Fresh Assorted Vegetables, California Blend	Cheeseburger French Fries Baked Beans (Vegetarian) Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted Chicken Patty Sandwich	Nachos Meat & Cheese Chicken Patty Sandwich Mexi Beans Scalloped Potatoes Fruit, Fresh Assorted	Pizza, Artisan Italian Sausage Tossed Salad Corn Cherry Tomatoes Jello Brownie, Chocolate Fruit, Fresh Assorted
CHIX	Pizza, Cheese Pepperoni Chicken Wings French Fries Fruit, Fresh Assorted	Chicken Chunk Honey BBQ Steak, Chicken Fried Potato Wedge Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Chicken Wings Cheese Stick Bosco French Fries Dinner Roll Fruit, Fresh Assorted	Nacho Bites Potato Wedge Dinner Roll Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice -----	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice -----	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat -----

	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar
On the Fly	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

ST. MARY'S

	<u>09/09</u>	<u>09/10</u>	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Apple Slices Pkg	Frito Chili Pie Corn Dog Refried Beans Tossed Salad Glazed Carrots Apple Slices Pkg	Chik N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Breadstick Bites Marinara Sauce Lasagna Rollup Italian Vegetables Tossed Salad Apple Slices Pkg	Stuffed Crust Pizza Nacho Bites Corn Carrot Sticks Apple Slices Pkg

WASHINGTON PRE-K CENTER

	<u>09/09</u>	<u>09/10</u>	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Apple Slices Pkg	Corn Dog Glazed Carrots Apple Slices Pkg	Chik N' Fry Stix Mashed Potatoes Apple Slices Pkg	Breadstick Bites Marinara Sauce Green Beans Apple Slices Pkg	Stuffed Crust Pizza Corn Apple Slices Pkg

WEST MIDDLE SCHOOL

	<u>09/09</u>	<u>09/10</u>	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Apple Slices Pkg	Frito Chili Pie Corn Dog Refried Beans Glazed Carrots Apple Slices Pkg	Chik N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Apple Slices Pkg	Breadstick Bites Marinara Sauce Lasagna Rollup Italian Vegetables Tossed Salad Apple Slices Pkg	Stuffed Crust Pizza Nacho Bites Corn Carrot Sticks Apple Slices Pkg