

EAST MID HIGH

	<u>08/19</u>	<u>08/20</u>	<u>08/21</u>	<u>08/22</u>	<u>08/23</u>
Lunch	Chicken Patty Sandwich Burrito Cheese Sauce Tossed Salad Mexi Beans Carrot Sticks Watermelon	Cheese Enchilada Steak Fingers Biscuit Scalloped Potatoes Tossed Salad Watermelon Chunks	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Watermelon Chunks	Rib Dippers Chicken Leg Garlic Bread Tossed Salad Vegetables, California Blend Watermelon Chunks	Cheese Bread Marinara Sauce Tossed Salad Seasoned Black Beans Cherry Tomatoes Broccoli, Steamed Watermelon Chunks

ELEMENTARY SCHOOLS

	<u>08/19</u>	<u>08/20</u>	<u>08/21</u>	<u>08/22</u>	<u>08/23</u>
Lunch	Chicken Patty Sandwich Burrito Cheese Sauce Mexi Beans Carrot Sticks Watermelon Chunks	Cheese Enchilada Steak Fingers Biscuit Scalloped Potatoes Tossed Salad Watermelon Chunks	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Watermelon Chunks	Rib Dippers Chicken Leg Garlic Bread Tossed Salad Vegetables, California Blend Watermelon Chunks	Cheese Bread Marinara Sauce Seasoned Black Beans Cherry Tomatoes Broccoli, Steamed Watermelon Chunks

PONCA CITY HIGH SCHOOL

	<u>08/19</u>	<u>08/20</u>	<u>08/21</u>	<u>08/22</u>	<u>08/23</u>
Retro	Cheese Bites Broccoli Cherry Tomatoes Tossed Salad	Cheeseburger Baked Beans French Fries Tossed Salad Fruit, Fresh Assorted	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Alfredo Mac & Cheese Bread Stick Parbake Glazed Carrots Potatoes, Tater Tots Chocolate Brownie Tossed Salad Baby Carrots Fruit, Fresh Assorted	Cheese Quesadilla Bar, Byo Baked Potato California Blend Veggies Tossed Salad Fruit, Fresh Assorted
CHIX	Pizza, Cheese Pepperoni Pizza Chicken Wings French Fries Fruit, Fresh Assorted	Chicken Chunk Honey BBQ Steak, Chicken Fried Potato Wedge Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Chicken Wings Cheese Stick Bosco French Fries Dinner Roll Fruit, Fresh Assorted	Nacho Bites Potato Wedge Dinner Roll Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat
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	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar
On the Fly	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

ST. MARY'S

	<u>08/19</u>	<u>08/20</u>	<u>08/21</u>	<u>08/22</u>	<u>08/23</u>
Lunch	Chicken Patty Sandwich Burrito Cheese Sauce Mexi Beans Carrot Sticks	Cheese Enchilada Steak Fingers Biscuit Scalloped Potatoes Tossed Salad	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll	Rib Dippers Chicken Leg Garlic Bread Tossed Salad Vegetables, California Blend	Cheese Bread Marinara Sauce Seasoned Black Beans Cherry Tomatoes Broccoli, Steamed

WASHINGTON PRE-K CENTER

	<u>08/19</u>	<u>08/20</u>	<u>08/21</u>	<u>08/22</u>	<u>08/23</u>
Lunch	Chicken Patty Sandwich Mexi Beans Watermelon	Steak Fingers Grape Tomatoes Ranch Dressing Watermelon	Chicken Nuggets Mashed Potatoes Country Gravy Watermelon	Rib Dippers Green Beans Dinner Roll Watermelon	Cheese Bread Marinara Sauce Broccoli, Steamed Watermelon

WEST MIDDLE SCHOOL

	<u>08/19</u>	<u>08/20</u>	<u>08/21</u>	<u>08/22</u>	<u>08/23</u>
Lunch	Chicken Patty Sandwich Burrito Cheese Sauce Mexi Beans Carrot Sticks Watermelon Chunks	Cheese Enchilada Steak Fingers Biscuit Scalloped Potatoes Tossed Salad Watermelon Chunks	Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Watermelon Chunks	Rib Dippers Chicken Leg Garlic Bread Tossed Salad Vegetables, California Blend Watermelon Chunks	Cheese Bread Marinara Sauce Seasoned Black Beans Cherry Tomatoes Broccoli, Steamed Watermelon Chunks