

## EAST MID HIGH

	<u>11/05</u>	<u>11/06</u>	<u>11/07</u>	<u>11/08</u>	<u>11/09</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Broccoli w/Cheese Potato Wedge Ranch Beans Pineapple Tidbits	Corn Dog Frito Chili Pie Mexi Beans Glazed Carrots Tossed Salad Pineapple Tidbits	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Pineapple Tidbits	Turkey and Dressing Supreme Sweet Potato Casserole Fruit Salad Sugar Cookie Pineapple Tidbits	

## ELEMENTARY SCHOOLS

	<u>11/05</u>	<u>11/06</u>	<u>11/07</u>	<u>11/08</u>	<u>11/09</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Pineapple Tidbits	Frito Chili Pie Corn Dog Mexi Beans Glazed Carrots Pineapple Tidbits	Chik N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Pineapple Tidbits	Breadstick Bites Sauce, Marinara Lasagna Rollup Italian Vegetables Tossed Salad Pineapple Tidbits	

# PONCA CITY HIGH SCHOOL

	<u>11/05</u>	<u>11/06</u>	<u>11/07</u>	<u>11/08</u>	<u>11/09</u>
<b>Retro</b>	Rib Dippers Corn Muffin Broccoli w/Cheese Tossed Salad	Cheeseburger Baked Beans French Fries Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Chicken Nugget Green Beans Dinner Roll Fruit, Fresh Assorted Chili/Cheese Dog	Chili/Cheese Dog Potatoes, Tater Tots Tossed Salad Baby Carrots Fruit, Fresh Assorted	
<b>CHIX</b>	Chicken Strip Panko Pizza, Cheese French Fries Pepperoni Pizza Fruit, Fresh Assorted Dinner Roll	Chicken Chunk Honey BBQ Bean Burrito Cheese Sticks French Fries Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Cheese Stick Bosco French Fries Dinner Roll Fruit, Fresh Assorted	
<b>My Way</b>	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice	
	-----	-----	-----	-----	

	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	
<b>On the Fly</b>	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

## ST. MARY'S

	<u>11/05</u>	<u>11/06</u>	<u>11/07</u>	<u>11/08</u>	<u>11/09</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Broccoli w/Cheese Potato Wedge Ranch Beans Pineapple Tidbits	Corn Dog Frito Chili Pie Mexi Beans Glazed Carrots Tossed Salad Pineapple Tidbits	Chik N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Pineapple Tidbits	Turkey and Dressing Supreme Sweet Potato Casserole Fruit Salad Sugar Cookie	

## WASHINGTON PRE-K CENTER

	<u>11/05</u>	<u>11/06</u>	<u>11/07</u>	<u>11/08</u>	<u>11/09</u>
<b>Lunch</b>	Hamburger Potato Wedge Pineapple Tidbits	Corn Dog Glazed Carrots Pineapple Tidbits	Chik N' Fry Stix Mashed Potatoes Pineapple Tidbits	Breadstick Bites Sauce, Marinara Green Beans Pineapple Tidbits	

## WEST MIDDLE SCHOOL

	<u>11/05</u>	<u>11/06</u>	<u>11/07</u>	<u>11/08</u>	<u>11/09</u>
<b>Lunch</b>	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Pineapple Tidbits Sandwich, Turkey Ham Turkey Sandwich Salad, Ham Chef Salad, Turkey Chef Salad, Yogurt/Seasonal Mozz	Frito Chili Pie Corn Dog Mexi Beans Glazed Carrots Pineapple Tidbits	Chik N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Pineapple Tidbits	Breadstick Bites Sauce, Marinara Lasagna Rollup Italian Vegetables Tossed Salad Pineapple Tidbits	