

EAST MID HIGH

	<u>09/10</u>	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Fresh Fruit	Frito Chili Pie Corn Dog Mexi Beans Glazed Carrots Fresh Fruit	Chik N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Fresh Fruit	Breadstick Bites Ravioli Sauce, Marinara Italian Vegetables Tossed Salad Fresh Fruit	Stuffed Crust Pizza Pepperoni Pizza Corn Carrot Sticks Fresh Fruit

ELEMENTARY SCHOOLS

	<u>09/10</u>	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Grapes, Fresh	Frito Chili Pie Corn Dog Mexi Beans Glazed Carrots Grapes, Fresh	Chik N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Grapes, Fresh	Breadstick Bites Sauce, Marinara Lasagna Rollup Bread Stick Italian Vegetables Tossed Salad Grapes, Fresh	Stuffed Crust Pizza Nacho Bites Corn Carrot Sticks Grapes, Fresh

PONCA CITY HIGH SCHOOL

	<u>09/10</u>	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>
Retro	Rib Dippers Corn Muffin Broccoli w/Cheese Tossed Salad Fruit, Fresh Assorted	Cheeseburger Baked Beans French Fries Tossed Salad Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Chicken Nugget Green Beans Dinner Roll Fruit, Fresh Assorted Chili/Cheese Dog	Chili/Cheese Dog Potatoes, Tater Tots Tossed Salad Baby Carrots Fruit, Fresh Assorted	Cheeseburger Baked Beans Potato Wedge Fruit, Fresh Assorted
CHIX	Chicken Strip Panko Pizza, Cheese French Fries Pepperoni Pizza Fruit, Fresh Assorted Dinner Roll	Chicken Chunk Honey BBQ Bean Burrito Cheese Sticks French Fries Fruit, Fresh Assorted	Chicken Strips Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Cheese Stick Bosco French Fries Dinner Roll Fruit, Fresh Assorted	Thai Chicken French Fries Nacho Bites Dinner Roll Fruit, Fresh Assorted
My Way	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada, Beef Taco Bar Mexi Beans Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Ww 12" Mission 12579 Cheese, Shredcheddar Mexi Beans Salsa, Fresh Pico de Gallo Lettuce, Shredded Mexi Rice Tortilla, Fried Bowl Taco Meat
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	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar	<u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar
On the Fly	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Chicken Wrap Apple Berry Salad Spinach Salad w/Berries Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Soup, Tomato Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Soup, Tomato Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

ST. MARY'S

	<u>09/10</u>	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Fresh Fruit	Frito Chili Pie Corn Dog Mexi Beans Glazed Carrots Fresh Fruit	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Fresh Fruit	Breadstick Bites Ravioli Sauce, Marinara Italian Vegetables Tossed Salad Fresh Fruit	Stuffed Crust Pizza Nachos Meat & Cheese Corn Carrot Sticks Fresh Fruit

WASHINGTON PRE-K CENTER

	<u>09/10</u>	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>
Lunch	Hamburger Cheese, Slice, American Baked Beans Grapes, Fresh	Corn Dog Glazed Carrots Grapes, Fresh	Chik N' Fry Stix Mashed Potatoes Grapes, Fresh	Breadstick Bites Green Beans Sauce, Marinara Grapes, Fresh	Stuffed Crust Pizza Corn Grapes, Fresh

WEST MIDDLE SCHOOL

	<u>09/10</u>	<u>09/11</u>	<u>09/12</u>	<u>09/13</u>	<u>09/14</u>
Lunch	Hamburger Cheese, Slice, American Potato Wedge Broccoli w/Cheese Baked Beans Grapes, Fresh	Frito Chili Pie Corn Dog Mexi Beans Glazed Carrots Grapes, Fresh	Chik N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Grapes, Fresh	Breadstick Bites Sauce, Marinara Lasagna Rollup Italian Vegetables Tossed Salad Grapes, Fresh	Stuffed Crust Pizza Nacho Bites Corn Carrot Sticks Grapes, Fresh