

EAST MID HIGH

	<u>10/02</u>	<u>10/03</u>	<u>10/04</u>	<u>10/05</u>	<u>10/06</u>
Lunch	Chicken Patty Sandwich Burrito Cheese Sauce Baby Carrots Mexi Beans Pineapple Tidbits	Cheese Enchilada Steak Fingers Scalloped Potatoes Tossed Salad Biscuit Pineapple Tidbits	Chicken Nugget Mashed Potatoes Green Beans Dinner Roll Pineapple Tidbits	Rib Dippers Wildcat Burger Garlic Bread Tossed Salad Vegetables, California Blend Pineapple Tidbits	Cheese Bread Marinara Sauce Seasoned Black Beans Cherry Tomatoes Broccoli, Steamed Pineapple Tidbits

ELEMENTARY SCHOOLS

	<u>10/02</u>	<u>10/03</u>	<u>10/04</u>	<u>10/05</u>	<u>10/06</u>
Lunch	Chicken Patty Sandwich Burrito Cheese Sauce Baby Carrots Mexi Beans Mixed Fruit	Cheese Enchilada Steak Fingers Scalloped Potatoes Tossed Salad Biscuit Mixed Fruit	Chicken Nugget Mashed Potatoes Green Beans Dinner Roll Mixed Fruit	Rib Dippers Wildcat Burger Garlic Bread Tossed Salad Vegetables, California Blend Mixed Fruit	Cheese Bread Marinara Sauce Seasoned Black Beans Cherry Tomatoes Broccoli, Steamed Mixed Fruit

PONCA CITY HIGH SCHOOL

	<u>10/02</u>	<u>10/03</u>	<u>10/04</u>	<u>10/05</u>	<u>10/06</u>
Retro	Nachos Meat & Cheese Salsa, Fresh Pico de Gallo Grape Tomatoes Refried Beans Tossed Salad Fruit, Fresh Assorted	Cheeseburger Cheese Sauce Baked Beans Tossed Salad Fruit, Fresh Assorted	Popcorn Smackers Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Cheese Bites Corn Sauce, Marinara Tossed Salad Jello Fruit, Fresh Assorted	Frito Chili Pie Tossed Salad Grape Tomatoes Fruit, Fresh Assorted
CHIX	Chicken Strips Mini Corn Dogs Chicken Cheese Crispito French Fries Fruit, Fresh Assorted Dinner Roll	Popcorn Chicken Chicken Chunk Honey BBQ Cheese Sticks French Fries Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted	Chicken Buffalo Chunk Corn Dog Steack, Chicken Fried French Fries Dinner Roll Fruit, Fresh Assorted	Pizza, Cheese Mini Tacos Thai Chicken French Fries Dinner Roll Fruit, Fresh Assorted
My Way Café	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Whole 12" Mission Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub Mexi Rice	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Whole 12" Mission Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat -----

	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed		<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar		<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar
On the Fly	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

ST. MARY'S

	<u>10/02</u>	<u>10/03</u>	<u>10/04</u>	<u>10/05</u>	<u>10/06</u>
Lunch	Chicken Patty Sandwich Burrito Cheese Sauce Baby Carrots Mexi Beans Pineapple Tidbits	Cheese Enchilada Steak Fingers Scalloped Potatoes Tossed Salad Biscuit Pineapple Tidbits	Chicken Nugget Mashed Potatoes Green Beans Dinner Roll Pineapple Tidbits	Rib Dippers Wildcat Burger Garlic Bread Tossed Salad Vegetables, California Blend Pineapple Tidbits	Cheese Bread Marinara Sauce Seasoned Black Beans Cherry Tomatoes Broccoli, Steamed Pineapple Tidbits

WASHINGTON PRE-K CENTER

	<u>10/02</u>	<u>10/03</u>	<u>10/04</u>	<u>10/05</u>	<u>10/06</u>
Lunch	Chicken Patty Sandwich Mexi Beans Mixed Fruit	Steak Fingers Tossed Salad Mixed Fruit	Chicken Nugget Mashed Potatoes Mixed Fruit	Rib Dippers Garlic Bread Green Beans Mixed Fruit	Cheese Bread Marinara Sauce Broccoli, Steamed Mixed Fruit

WEST MIDDLE SCHOOL

	<u>10/02</u>	<u>10/03</u>	<u>10/04</u>	<u>10/05</u>	<u>10/06</u>
Lunch	Chicken Patty Sandwich Burrito Cheese Sauce Baby Carrots Mexi Beans Mixed Fruit	Cheese Enchilada Steak Fingers Scalloped Potatoes Tossed Salad Biscuit Mixed Fruit	Chicken Nugget Mashed Potatoes Green Beans Dinner Roll Mixed Fruit	Rib Dippers Wildcat Burger Garlic Bread Tossed Salad Vegetables, California Blend Mixed Fruit	Cheese Bread Marinara Sauce Seasoned Black Beans Cherry Tomatoes Broccoli, Steamed Mixed Fruit