

EAST MID HIGH

	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>	<u>10/20</u>
Lunch	Grilled Chicken Sandwich Carrot Sticks Baked Beans Mixed Fruit	Mini Corn Dogs Macaroni and Cheese Tossed Salad Seasoned Black Beans Harvest Cheddar Sun Chip Mixed Fruit	Chick N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Mixed Fruit		

ELEMENTARY SCHOOLS

	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>	<u>10/20</u>
Lunch	Pretzel Cheese Sauce Grilled Chicken Sandwich Carrot Sticks Baked Beans Pineapple Tidbits	Mini Corn Dogs Macaroni and Cheese Tossed Salad Seasoned Black Beans Harvest Cheddar Sun Chip Pineapple Tidbits	Chick N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Pineapple Tidbits		Sandwich, Turkey Ham Turkey Sandwich Salad, Ham Chef Salad, Turkey Chef Salad, Yogurt/Seasonal Mozz

PONCA CITY HIGH SCHOOL

	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>	<u>10/20</u>
Retro	Steak Fingers Wildcat Burger Potato Spirals Glazed Carrots Tossed Salad Fruit, Fresh Assorted	Cheeseburger Baked Beans French Fries Tossed Salad Fruit, Fresh Assorted	Popcorn Chicken Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted		Sandwich, Turk/Ham/Ch Sandwich, Tuna Salad Sandwich, Ww Assortment Sandwich, Chicken Salad Crispy Chicken Salad Salad, Garden Chef w/Egg Salad, Ham Chef
CHIX	Chicken Strips Mini Corn Dogs Chicken Cheese Crispito French Fries Fruit, Fresh Assorted Dinner Roll	Popcorn Chicken Chicken Chunk Honey BBQ Cheese Sticks French Fries Fruit, Fresh Assorted	Chicken Strip Panko Mashed Potatoes Green Beans Dinner Roll Fruit, Fresh Assorted		Pizza, Cheese Mini Tacos Thai Chicken French Fries Dinner Roll Fruit, Fresh Assorted
My Way Café	<u>Mexican Kiosk</u> Taco Meat Tortilla, Whole Grain, Frozen Mexi Rice Salsa, Fresh Pico de Gallo Mexi Beans Cheese, Shredcheddar Lettuce, Shredded Pork, Season Cuban Tortilla, Fried Bowl -----	<u>Mexican Kiosk</u> Cheese Enchilada Enchilada Beef Taco Bar Mexi Beans Mexi Rice ----- <u>Italian/Sub/Asian Kiosk</u> Combo Sub Deli Sub Combo 3" Sub Wg Ham Sub Rb Sub Spicy Sub Submarine Hoggie Tuna Sub	<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Whole 12" Mission Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat -----		<u>Mexican Kiosk</u> Pork Season Cuban Tortilla Whole 12" Mission Salsa, Fresh Pico de Gallo Lettuce, Shredded Cheese, Shredcheddar Mexi Beans Mexi Rice Tortilla, Fried Bowl Taco Meat -----

	<u>Italian/Sub/Asian Kiosk</u> Lemongrass Chicken Tangerine Chicken Chicken, Teriyaki Rice, Brown Wholegrain Noodles, Chinese, Chow Mein Oriental Vegetables Broccoli, Steamed		<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar		<u>Italian/Sub/Asian Kiosk</u> Chicken Alfredo with a Twist Pasta Noodles Twisted Mozz. Breadstick Salad, Chicken Caesar
On the Fly	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted	Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted		Crispy Chicken Salad Salad, Ham Garden Chicken Salad Spinach Salad w/Berries Chicken Wrap Combo Sub Fruit, Fresh Assorted

ST. MARY'S

	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>	<u>10/20</u>
Lunch	Grilled Chicken Sandwich Carrot Sticks Baked Beans Mixed Fruit	Mini Corn Dogs Macaroni and Cheese Tossed Salad Seasoned Black Beans Harvest Cheddar Sun Chip Mixed Fruit	Chick N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Mixed Fruit		Sandwich, Turkey Ham Turkey Sandwich Salad, Ham Chef Salad, Turkey Chef Salad, Yogurt/Seasonal Mozz

WASHINGTON PRE-K CENTER

	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>	<u>10/20</u>
Lunch	Grilled Chicken Sandwich Carrot Sticks Pineapple Tidbits	Macaroni and Cheese Seasoned Black Beans Pineapple Tidbits	Chick N' Fry Stix Mashed Potatoes Pineapple Tidbits		

WEST MIDDLE SCHOOL

	<u>10/16</u>	<u>10/17</u>	<u>10/18</u>	<u>10/19</u>	<u>10/20</u>
Lunch	Pretzel Cheese Sauce Grilled Chicken Sandwich Carrot Sticks Baked Beans Pineapple Tidbits	Mini Corn Dogs Macaroni and Cheese Tossed Salad Seasoned Black Beans Harvest Cheddar Sun Chip Pineapple Tidbits	Chick N' Fry Stix Mashed Potatoes Green Beans Dinner Roll Pineapple Tidbits		Sandwich, Turkey Ham Turkey Sandwich Salad, Ham Chef Salad, Turkey Chef Salad, Yogurt/Seasonal Mozz